

UNSHAKEN

– THE REACT PLAN

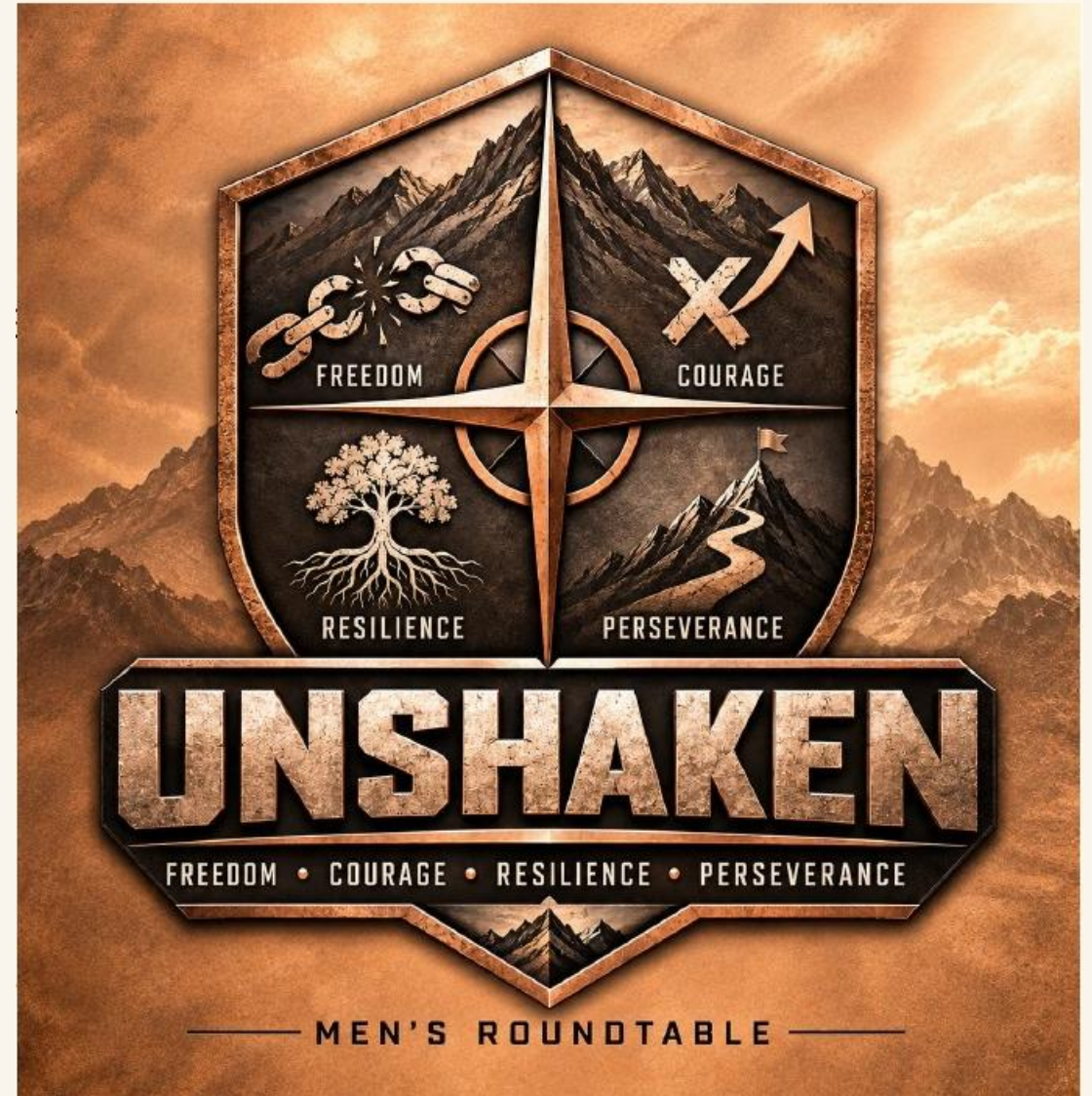
MEN'S ROUNDTABLE

*“Freedom is where the journey begins.
Courage is how you fight the battle.
Resilience is how you finish the race.”*

Every man gets hit. Life ambushes us with failure, fear, shame, disappointment, loss, and exhaustion. This RoundTable is a call to GET OFF THE X, live as free men in Christ, and build the resilient heart that can stand back up, move forward, and finish strong.

MISSION

SET FREE → GET OFF THE X → STAY
RESILIENT → FINISH STRONG



Series Movement & Core Resources



01 SET FREE

FREEDOM

Galatians 5:1



02 GET OFF THE X

COURAGE

Joshua 1:9



03 STAY RESILIENT

RESILIENCE

Isaiah 40:31

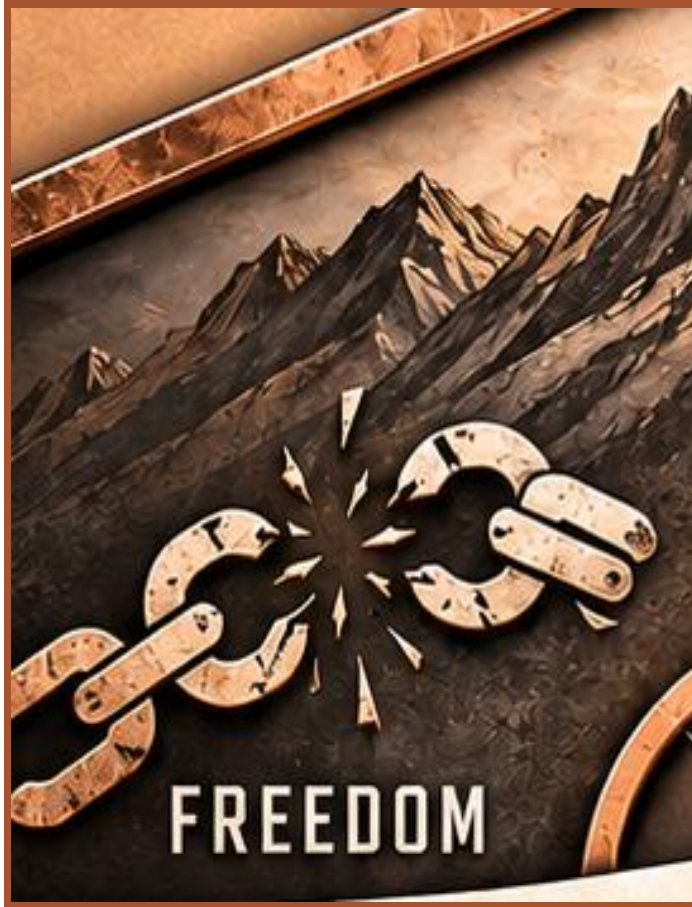


04 FINISH STRONG

PERSEVERANCE

Hebrews 12:1–2

Part 1: Freedom – The God Who Brings Freedom.



1. DON'T ACCEPT CLICH'ES → Too many Christians accept a superficial view of God without dealing with the complexities of life. "Jesus loves me, this I know, for the Bible tells me so is fine until all hell breaks loose.
2. ONLY ONE SOURCE → Most of the ideas about God that many people believe arise from a visceral rather than a cerebral source. Most people don't look at the facts, check the Bible, and really think. Too many draw their idea of God from experiences (good or bad) of our lives.
3. LOOK TO JESUS → To find out about God, we must look to Jesus. Fact: God took on human flesh and lived for a while in our presence. John 1:1-3, 14. I John 1:1, 2. Hebrews 1:1-3. By looking to Jesus, we discover two crucial facts about God that significantly impact our views of Freedom & Grace.
 1. He is Kind & He is God → BOTH are true! Romans 2:4 and Hebrews 10:31.
 2. He is a Bridge between Wrath & Love → Romans 4:22-25; 8:1; 8:33-39. If you really, really believed that God was good (not safe, but good), that He was in charge of this mess, and that He would never be angry with you—how would you act?

Part 2: COURAGE / GET OFF THE X

THE REACT PLAN

A practical way to GET OFF THE X and move forward.

R **RECOGNIZE** Your Reality

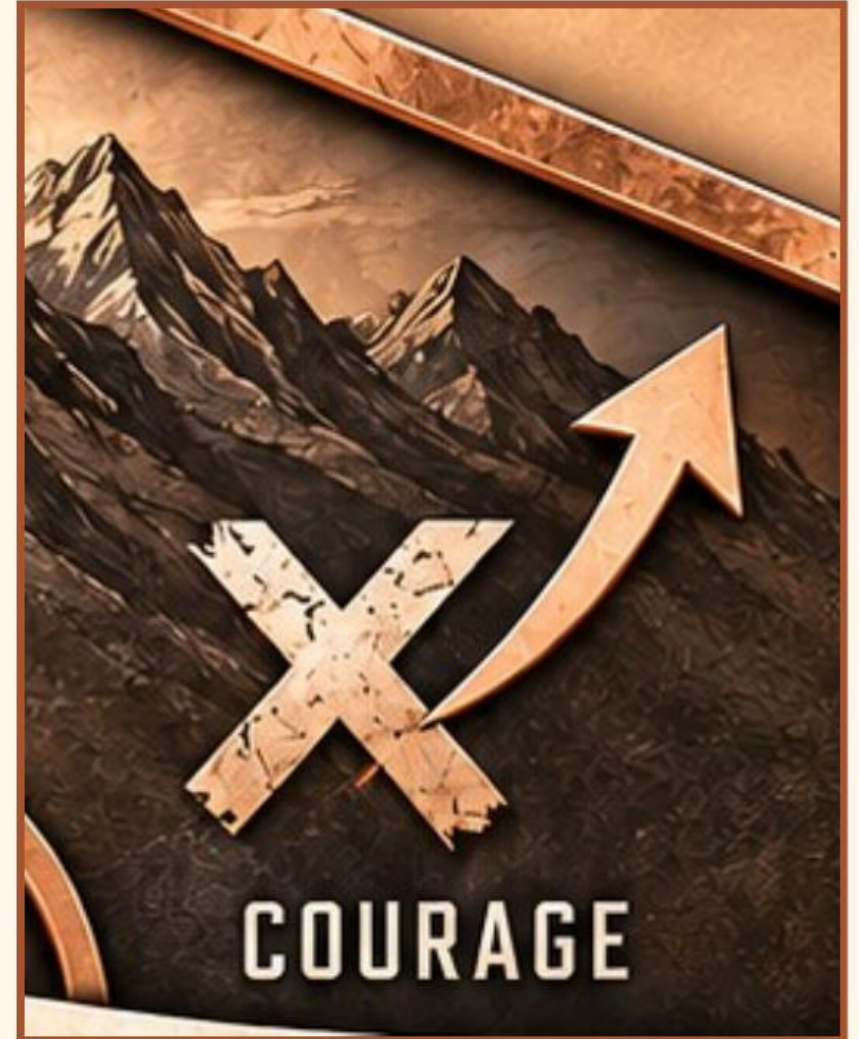
E **EVALUATE** Your Actions

A **ASSESS** Possible Options and Outcomes

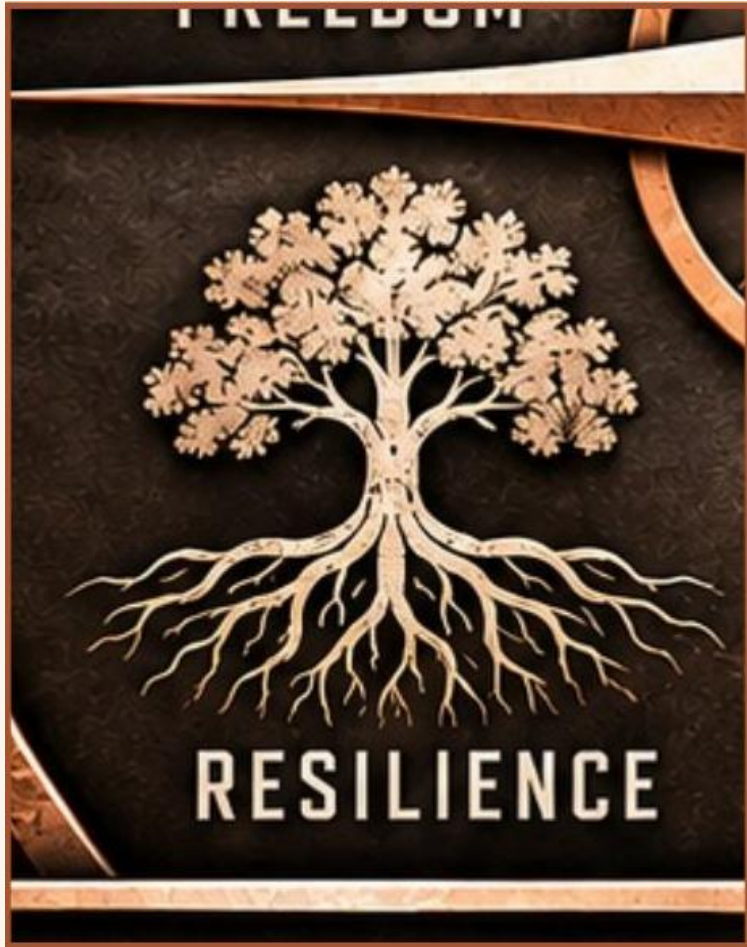
C **CHOOSE** a Direction and Communicate It

T **TAKE** Action

RECOGNIZE → EVALUATE → ASSESS → CHOOSE → TAKE ACTION



Part 3: STAY RESILIENT



*Resilience is not trying harder.
It is learning where to be replenished.*

A WELL IN THE DESERT

Jesus is the well. Come to Him and drink deeply.

BETTER QUESTION

Not “How do I try harder?” “Where will I get replenished?”

**Stay attached to Jesus. Receive from Jesus.
Let Jesus restore what life has drained.**

Part 4: FINISH STRONG

*Finishing strong is not finishing fast or first.
It is finishing faithful.*

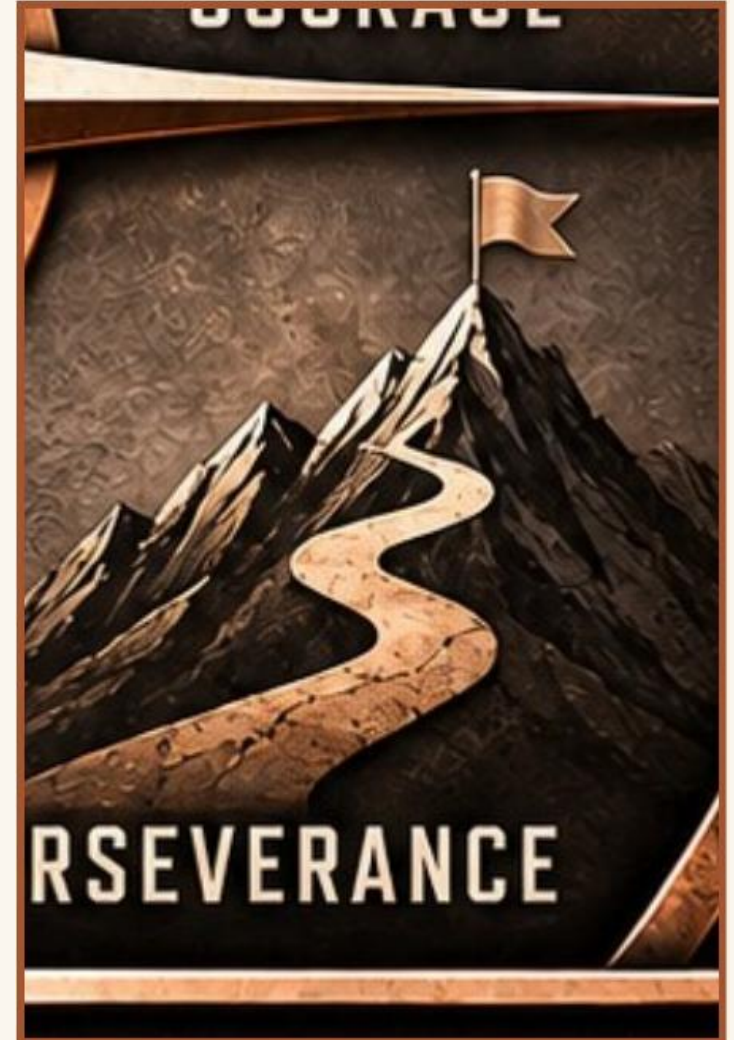
FAITHFUL

Keep moving when quitting seems easier.

EYES ON JESUS

Fix your eyes on Jesus, not circumstances.

Run your race. Keep your eyes on Jesus.
Refuse to quit. FINISH STRONG.



Action: Journal This

01 WHERE ARE YOU ON THE X?

NAME IT!

02 WHAT IS KEEPING YOU THERE?

OWN IT!

03 WHAT IS YOUR NEXT FAITHFUL MOVE?

DO IT!

ONE MOVE

Name it! Own It! Do it!

