

FREEDOM • COURAGE • RESILIENCE • PERSEVERANCE

UNSHAKEN

The Experience of Love & Grace

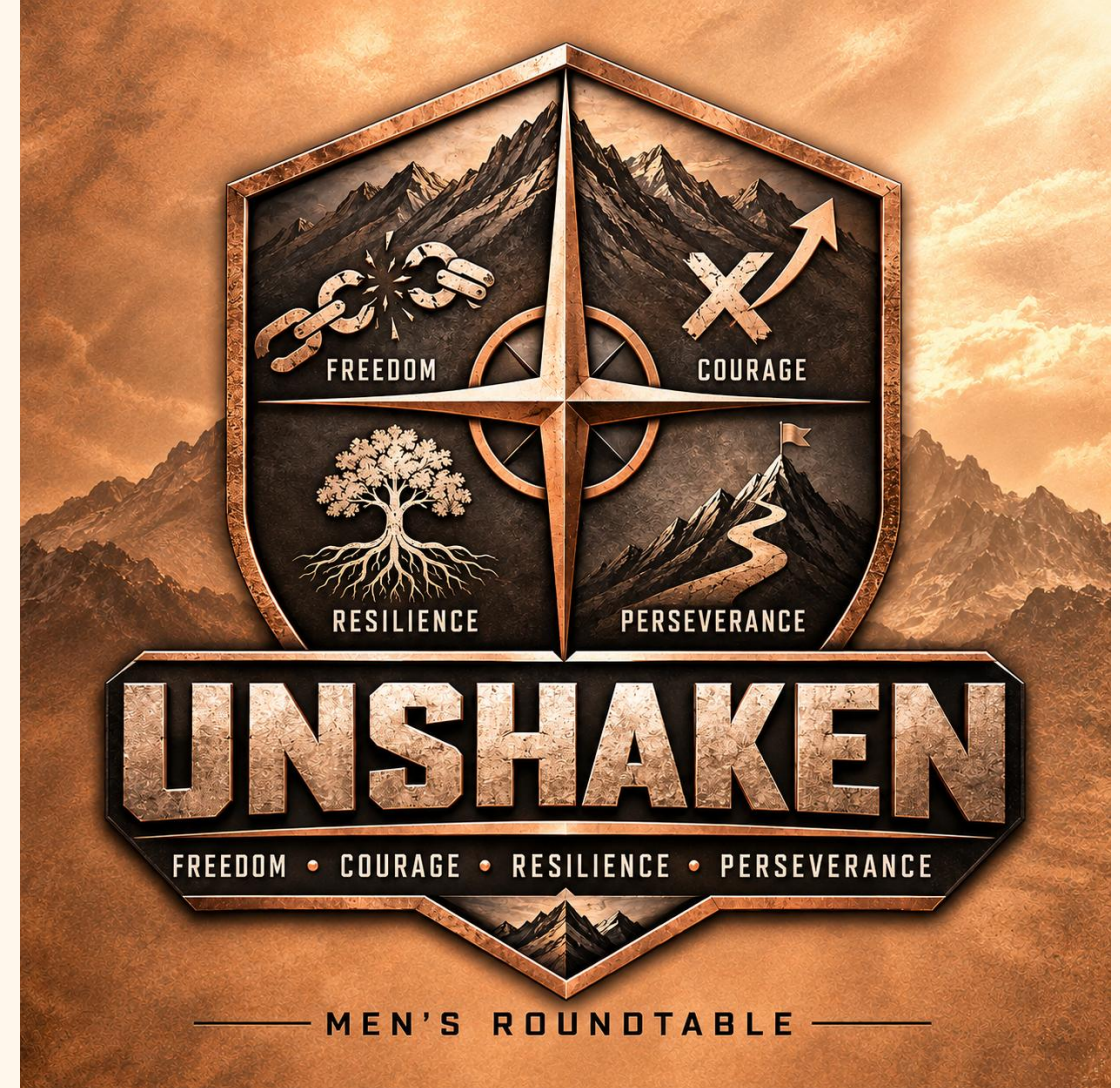
MEN'S ROUNDTABLE

*"Freedom is where the journey begins.
Courage is how you fight the battle.
Resilience is how you finish the race."*

Every man gets hit. Life ambushes us with failure, fear, shame, disappointment, loss, and exhaustion. This RoundTable is a call to GET OFF THE X, live as free men in Christ, and build the resilient heart that can stand back up, move forward, and finish strong.

MISSION

SET FREE → GET OFF THE X → STAY
RESILIENT → FINISH STRONG



Series Movement & Core Resources



01 SET FREE

FREEDOM

Galatians 5:1



02 GET OFF THE X

COURAGE

Joshua 1:9



03 STAY RESILIENT

RESILIENCE

Isaiah 40:31

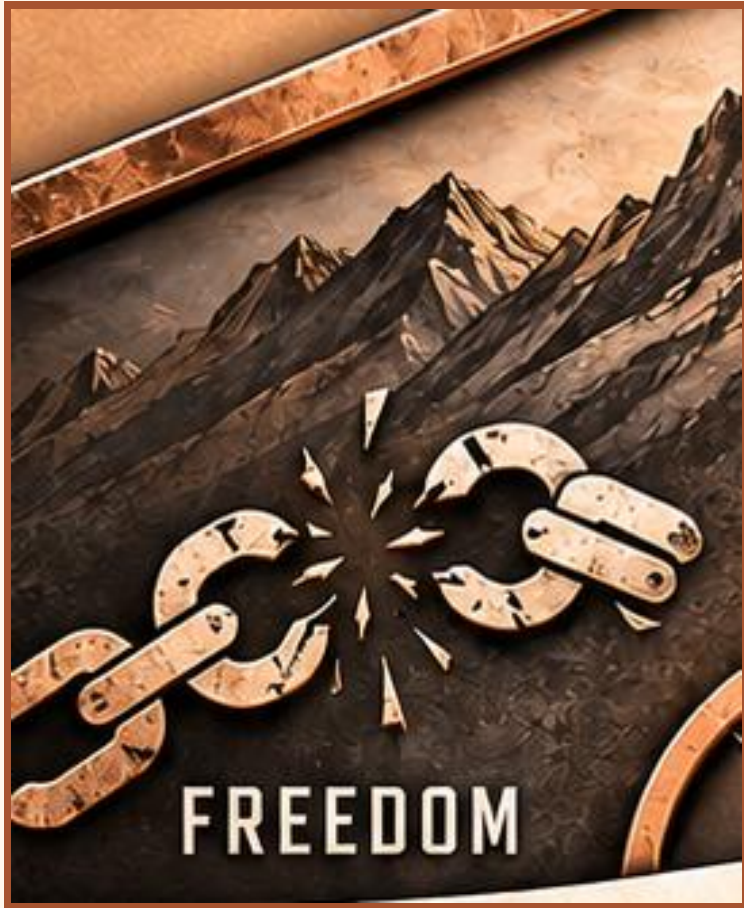


04 FINISH STRONG

PERSEVERANCE

Hebrews 12:1–2

Part 1: Freedom – Questions about Freedom.



1. *Does being free mean that, if I don't do what God says, he will still love me? YES!*

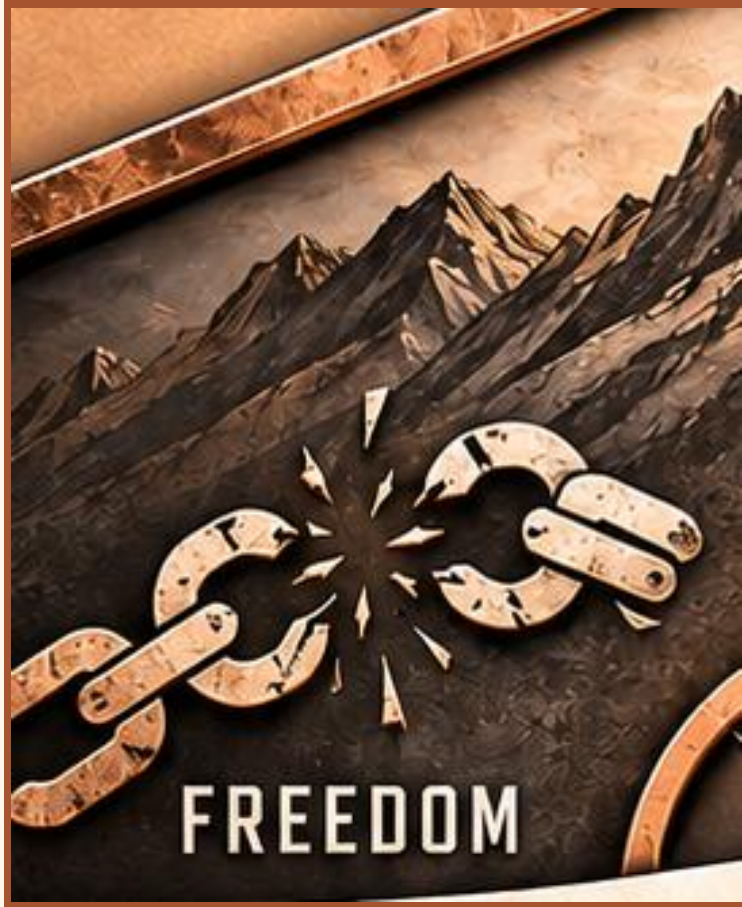
2. *Does being free mean that God is pleased with whatever I do no matter what it is? NO! Rom. 4:11; 22-24.*

3. *Does being free mean that when Christians are really upset with me, God isn't? YES!*

4. *Does being free mean that His love and grace are without condition ... totally? YES! That's exactly what it means.*

5. *What if I do something bad? Would God still bless me and answer my prayers? YES! He will. Psalm 73:1-13.*

Part 1: Freedom – The Power of **ATTRACTION!**



1. **Love Without Condition** → If you feel no attraction to a God who loves you without condition, that there is something wrong with you.

2. **Want to Please** → There is something very attractive about love. When I feel attracted to someone who loves me, I find myself wanting to please that person.

3. **Kindness of God** → God's kindness toward me has created in my heart a great desire to please the one who loves me, knowing that, if I don't please him or even have the desire to please him, he will remain quite fond of me. Romans 2:4.

4. **Power of Experience** → The more I experience His love and grace, the more I want to please Him.

Part 2: COURAGE / GET OFF THE X

THE SIGN ON THE DOOR

Courage refuses to let fear, pity, or passivity make the decision.

GO ELSEWHERE

No pity. No rehearsing the wound.

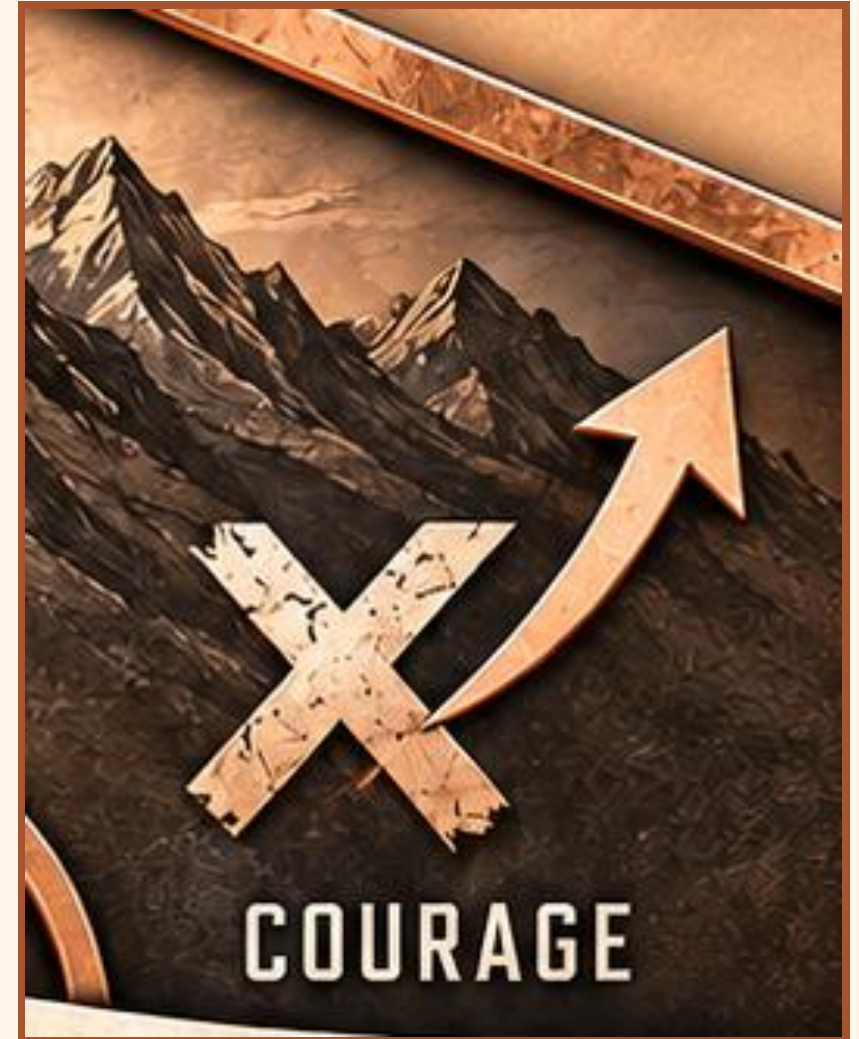
FULL RECOVERY

Push to the utmost—and then 20% further.

ROOM CULTURE

Fun. Optimism. Intense rapid regrowth.

“My wound will not write the rest of my story.”



Part 3: STAY RESILIENT



*Resilience is not trying harder.
It is learning where to be replenished.*

A WELL IN THE DESERT

Jesus is the well. Come to Him and drink deeply.

BETTER QUESTION

Not “How do I try harder?”

“Where will I get replenished?”

**Stay attached to Jesus. Receive from Jesus.
Let Jesus restore what life has drained.**

Part 4: FINISH STRONG

*Finishing strong is not finishing fast or first.
It is finishing faithful.*

FAITHFUL

Keep moving when quitting seems easier.

EYES ON JESUS

Fix your eyes on Jesus, not circumstances.

Run your race. Keep your eyes on Jesus.
Refuse to quit. **FINISH STRONG.**



Action: Journal This

01 PERFORMANCE OR FREEDOM?

Where are you most tempted to believe that you have to **perform, achieve, behave, or get it right** in order to be accepted by God?

02 THE POWER OF ATTRACTION

Think about someone who has loved you when you weren't particularly lovable. **What did that kind of love produce in you?** Did it make you want to move toward that person or away from them?

ONE MOVE

Name it. Write it down. Take the next faithful step.

