



UNSHAKEN

MEN'S ROUNDTABLE

"Freedom is where the journey begins. Courage is how you fight the battle. Resilience is how you finish the race."

Every man gets hit. Life ambushes us with failure, fear, shame, disappointment, loss, and exhaustion. This RoundTable is a call to **GET OFF THE X**, live as free men in Christ, build a resilient heart, and finish strong.

MISSION

SET FREE → GET OFF THE X → STAY RESILIENT → FINISH STRONG

Highland Colony Men's Roundtable

www.Menstable.Com

September 24, 2026

Scripture: Galatians 5:1, Joshua 1:9, Isaiah 40:31, Hebrews 12:1,2, Romans 4:10-11, Romans 4:19-25, Psalm 73:1-20

Music:

Videos:

Resources: *A Scandalous Freedom* by Steve Brown **Book:** *Resilience* by John Eldredge

MISSION MAP | Series Movement & Core Resources

01 SET FREE FREEDOM <i>Galatians 5:1</i>	02 GET OFF THE X COURAGE <i>Joshua 1:9</i>	03 STAY RESILIENT RESILIENCE <i>Isaiah 40:31</i>	04 FINISH STRONG PERSEVERANCE <i>Hebrews 12:1-2</i>
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FREEDOM | Part 1: Freedom – Questions about Freedom.

1. Does being free mean that, if I don't do what God says, he will still love me?	YES!
2. Does being free mean that God is pleased with whatever I do no matter what it is?	NO! Rom. 4:11; 22-24.
3. Does being free mean that when Christians are really upset with me, God isn't?	YES!
4. Does being free mean that His love and grace are without condition ... totally?	YES! That's exactly what it means.
5. What if I do something bad? Would God still bless me and answer my prayers?	YES! He will. Psalm 73:1-13.



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PART 1 — FREEDOM | THE POWER OF ATTRACTION + DEBRIEF

FREEDOM | Part 1: Freedom – The Power of ATTRACTION!

1. Love Without Condition → If you feel no attraction to a God who loves you without condition, that there is something wrong with you.

2. Want to Please → There is something very attractive about love. When I feel attracted to someone who loves me, I find myself wanting to please that person.

3. Kindness of God → God's kindness toward me has created in my heart a great desire to please the one who loves me, knowing that, if I don't please him or even have the desire to please him, he will remain quite fond of me. Romans 2:4.

4. Power of Experience → The more I experience His love and grace, the more I want to please Him.



Sign in to this Thursday's
Men's Roundtable



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01 PERFORMANCE OR FREEDOM?

Where are you most tempted to believe that you have to perform, achieve, behave, or get it right in order to be accepted by God?

02 THE POWER OF ATTRACTION

Think about someone who has loved you when you weren't particularly lovable. What did that kind of love produce in you? Did it make you want to move toward that person or away from them?

ONE MOVE • Name it. Write it down. Take the next faithful step.

Scripture – The Message

Galatians 5:1 - 1 Christ has set us free to live a free life. So take your stand! Never again let anyone put a harness of slavery on you.

Joshua 1:9 - 9 Haven't I commanded you? Strength! Courage! Don't be timid; don't get discouraged. God, your God, is with you every step you take." The Taking of the Land

Isaiah 40:31 - 31 But those who wait upon God get fresh strength. They spread their wings and soar like eagles, They run and don't get tired, they walk and don't lag behind.

Hebrews 12:1,2 - 1 Do you see what this means - all these pioneers who blazed the way, all these veterans cheering us on? It means we'd better get on with it. Strip down, start running - and never quit! No extra spiritual fat, no parasitic sins. **2** Keep your eyes on Jesus, who both began and finished this race we're in. Study how he did it. Because he never lost sight of where he was headed - that exhilarating finish in and with God - he could put up with anything along the way: cross, shame, whatever. And now he's there, in the place of honor, right alongside God.

Romans 4:10-11 - 10 Now think: Was that declaration made before or after he was marked by the covenant rite of circumcision? That's right, before he was marked. **11** That means that he underwent circumcision as evidence and confirmation of what God had done long before to bring him into this acceptable standing with himself, an act of God he had embraced with his whole life.

Romans 4:19-25 - 19 Abraham didn't focus on his own impotence and say, "It's hopeless. This hundred-year-old body could never father a child." Nor did he survey Sarah's decades of infertility and give up. **20** He didn't tiptoe around God's promise asking cautiously skeptical questions. He plunged into the promise and came up strong, ready for God, **21** sure that God would make good on what he had said. **22** That's why it is said, "Abraham was declared fit before God by trusting God to set him right." **23** But it's not just Abraham; **24** it's also us! The same thing gets said about us when we embrace and believe the One who brought Jesus to life when the conditions were equally hopeless. **25** The sacrificed Jesus made us fit for God, set us right with God.

Psalms 73:1-20 - 1 No doubt about it! God is good - good to good people, good to the good-hearted. **2** But I nearly missed it, missed seeing his goodness. **3** I was looking the other way, looking up to the people **4** At the top, envying the wicked who have it made, **5** Who have nothing to worry about, not a care in the whole wide world. **6** Pretentious with arrogance, they wear the latest fashions in violence, **7** Pampered and overfed, decked out in silk bows of silliness. **8** They jeer, using words to kill; they bully their way with words. **9** They're full of hot air, loudmouths disturbing the peace. **10** People actually listen to them - can you believe it? Like thirsty puppies, they lap up their words. **11** What's going on here? Is God out to lunch? Nobody's tending the store. **12** The wicked get by with everything; they have it made, piling up riches **13** I've been stupid to play by the rules; what has it gotten me? **14** A long run of bad luck, that's what - a slap in the face every time I walk out the door. **15** If I'd have given in and talked like this, I would have betrayed your dear children. **16** Still, when I tried to figure it out, all I got was a splitting headache . . . **17** Until I entered the sanctuary of God. Then I saw the whole picture: **18** The slippery road you've put them on, with a final crash in a ditch of delusions. **19** In the blink of an eye, disaster! A blind curve in the dark, and - nightmare! **20** We wake up and rub our eyes. . . . Nothing. There's nothing to them. And there never was

Philip K. Hardin, M.A., M.Div.

Director of Business & Professional Outreach, Intl. - Licensed Marriage & Family Therapist, Licensed Professional Counselor, and Certified Life Coach

563 Johnson Avenue – Fairhope, Alabama 36532

Phone: 601-925-0707

Email: phil@bpointl.org

Webpage: www.bpointl.org