

FREEDOM • COURAGE • RESILIENCE • PERSEVERANCE

UNSHAKEN

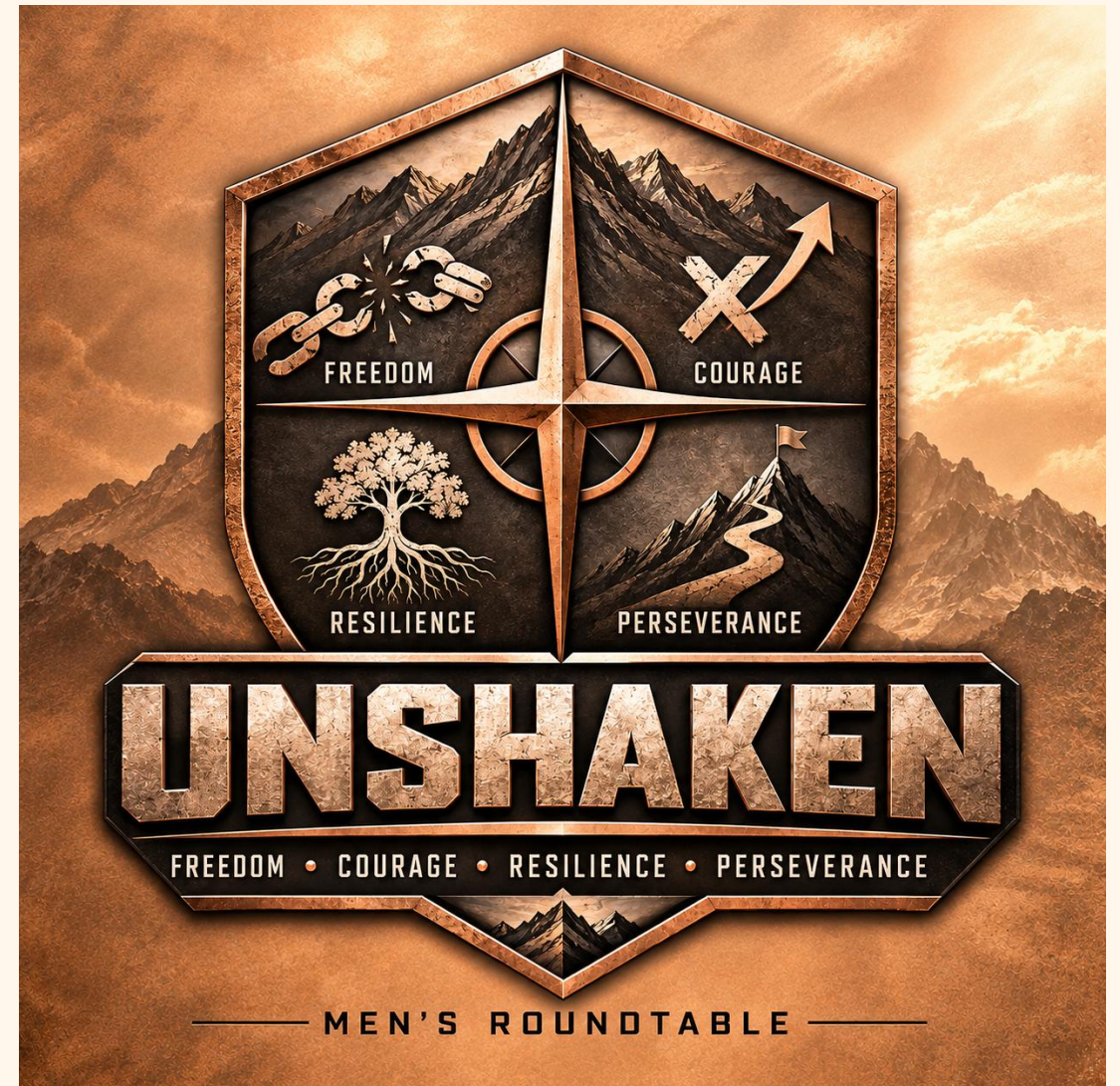
MEN'S ROUNDTABLE

*“Freedom is where the journey begins.
Courage is how you fight the battle.
Resilience is how you finish the race.”*

Every man gets hit. Life ambushes us with failure, fear, shame, disappointment, loss, and exhaustion. This RoundTable is a call to GET OFF THE X, live as free men in Christ, and build the resilient heart that can stand back up, move forward, and finish strong.

MISSION

SET FREE → GET OFF THE X →
STAY RESILIENT → FINISH STRONG



Series Movement & Core Resources



01 SET FREE

FREEDOM

Galatians 5:1



02 GET OFF THE X

COURAGE

Joshua 1:9



03 STAY RESILIENT

RESILIENCE

Isaiah 40:31

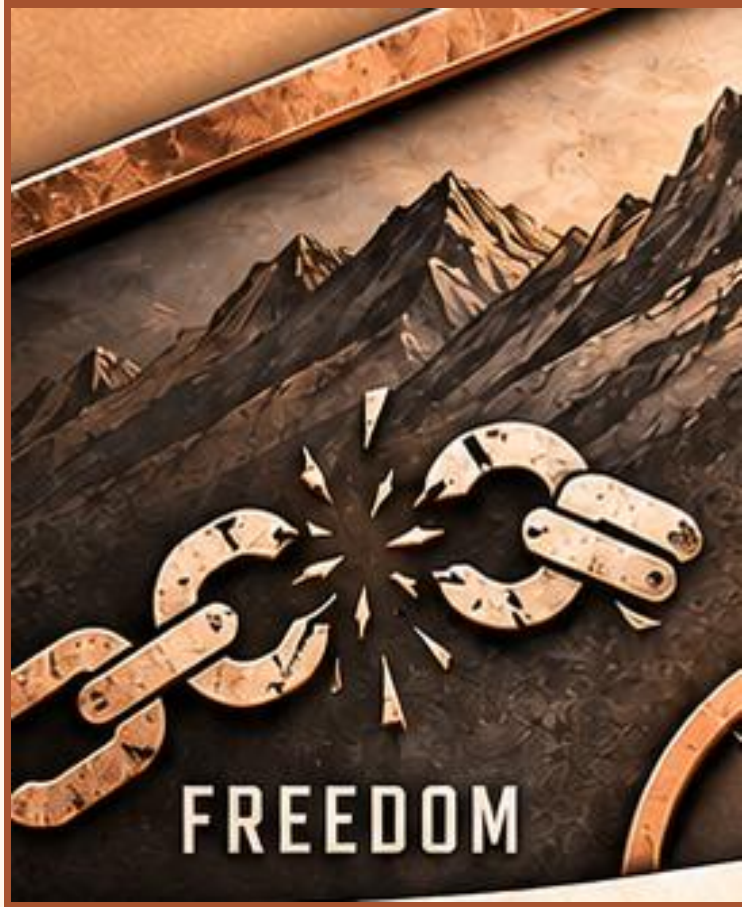


04 FINISH STRONG

PERSEVERANCE

Hebrews 12:1–2

Part 1: SET FREE



*Freedom is not permission to drift.
It is grace to stop living imprisoned.*

FREEDOM IS FRIGHTENING

Free men can be tempted to waste the gift.

BEWARE OF LEGALISM

Control can be baptized and called discipleship.

LORD OF ALL, SUBJECT TO NONE

Free lord of all. Servant of all.

Part 2: COURAGE / GET OFF THE X

THE SIGN ON THE DOOR

Courage refuses to let fear, pity, or passivity make the decision.

GO ELSEWHERE

No pity. No rehearsing the wound.

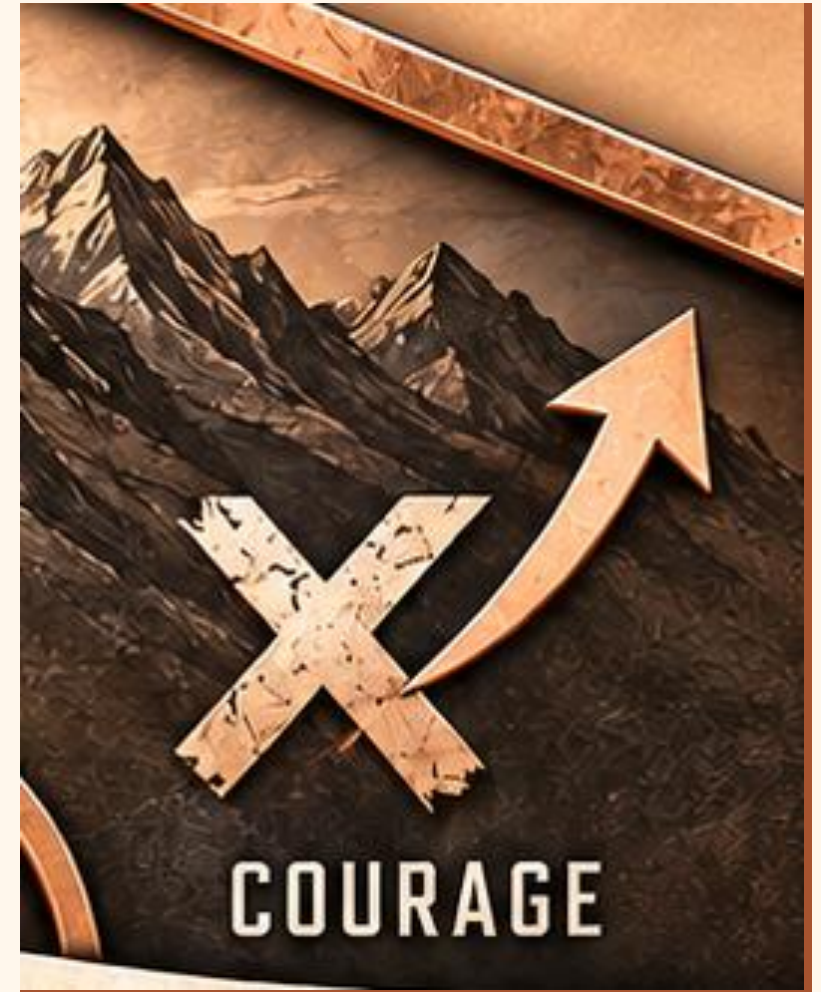
FULL RECOVERY

Push to the utmost—and then 20% further.

ROOM CULTURE

Fun. Optimism. Intense rapid regrowth.

“My wound will not write the rest of my story.”



Part 3: STAY RESILIENT



*Resilience is not trying harder.
It is learning where to be replenished.*

A WELL IN THE DESERT

Jesus is the well. Come to Him and drink deeply.

BETTER QUESTION

**Not “How do I try harder?”
“Where will I get replenished?”**

**Stay attached to Jesus. Receive from Jesus.
Let Jesus restore what life has drained.**

Part 4: FINISH STRONG

*Finishing strong is not finishing fast or first.
It is finishing faithful.*

FAITHFUL

Keep moving when quitting seems easier.

EYES ON JESUS

Fix your eyes on Jesus, not circumstances.

Run your race. Keep your eyes on Jesus.
Refuse to quit. **FINISH STRONG.**



Action: Journal This

- 01 Where are you depleted right now?

- 02 Where are you manufacturing strength instead of receiving it?

- 03 Which word do you most need: Freedom, Courage, Resilience, or Perseverance?

- 04 What is one faithful step forward this week?

ONE MOVE

Name it. Write it down. Take the next faithful step.

