

UNSHAKEN

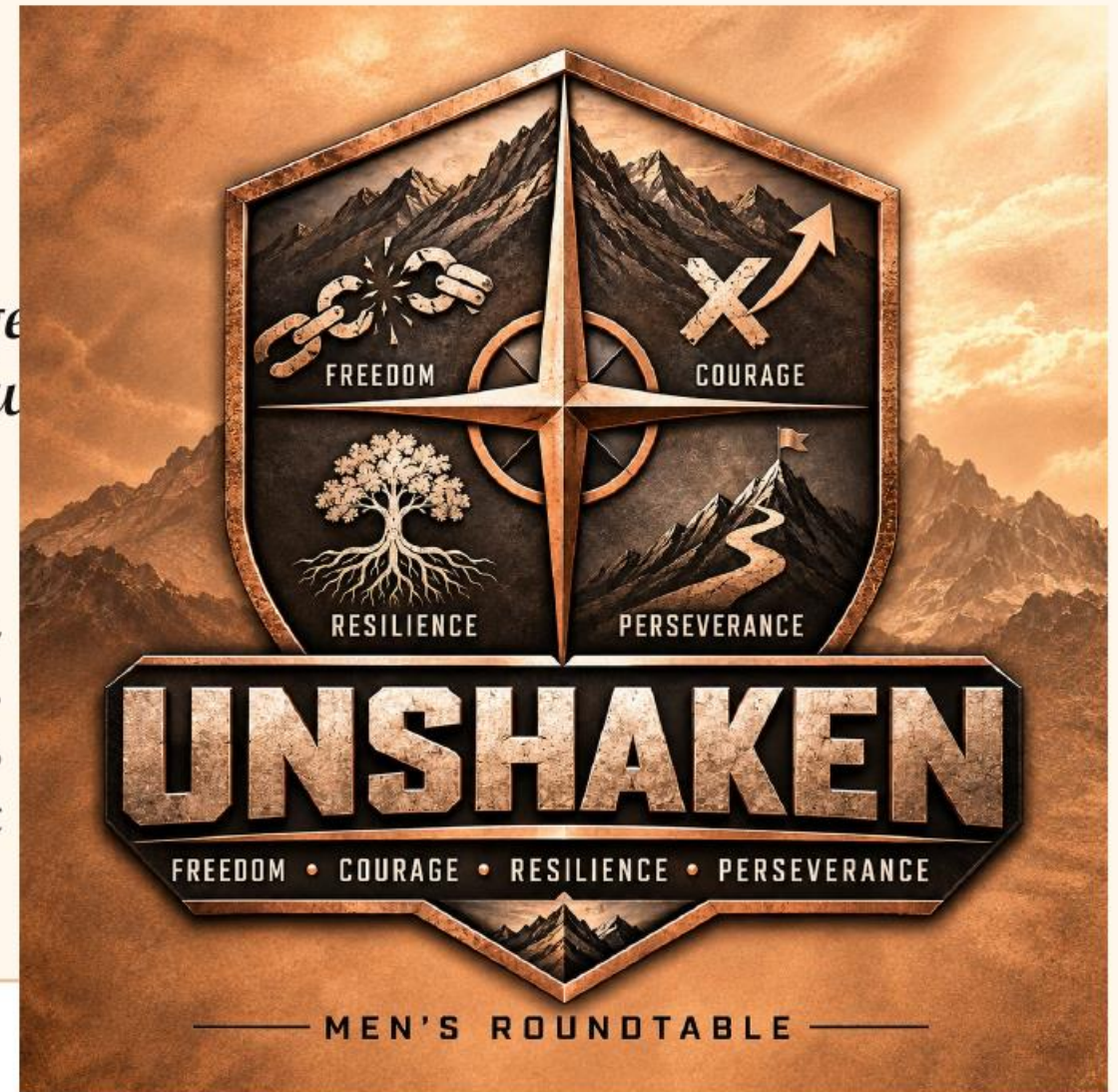
– Freedom's Power MEN'S ROUNDTABLE

"Freedom is where the journey begins. Courage is how you fight the battle. Resilience is how you finish the race."

Every man gets hit. Life ambushes us with failure, fear, shame, disappointment, loss, and exhaustion. This RoundTable is a call to GET OFF THE X, live as free men in Christ, and build the resilient heart that can stand back up, move forward, and finish strong.

MISSION

SET FREE → GET OFF THE X → STAY
RESILIENT → FINISH STRONG



Series Movement & Core Resources



01 SET FREE

FREEDOM

Galatians 5:1



02 GET OFF THE X

COURAGE

Joshua 1:9



03 STAY RESILIENT

RESILIENCE

Isaiah 40:31

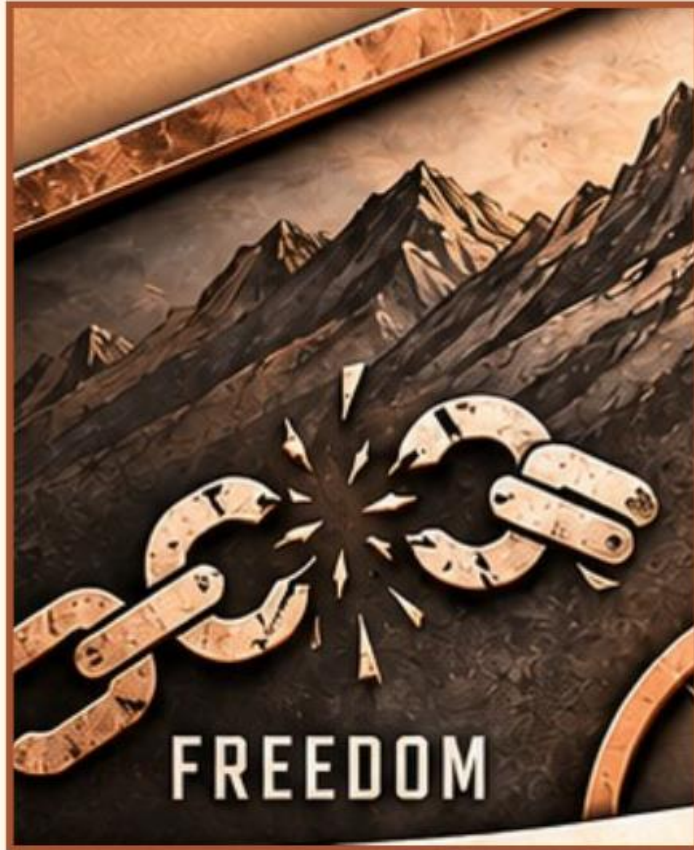


04 FINISH STRONG

PERSEVERANCE

Hebrews 12:1–2

Part 1: Freedom's Power.



What happens when grace really sets a man free?

1. FREEDOM TAKES AWAY LEVERAGE

When I stop needing your approval, you lose the ability to control me with it.

I don't have to perform to belong. I am already accepted in Christ. Jesus was not big into control Matthew 20:26-28.

2. FREEDOM TAKES AWAY POWER

When grace becomes the foundation of my life, other people no longer get to define my worth. **You can have an opinion about me without having authority over me. Jesus was not pleased with those who tried to use their power to control others (Matthew 20:25, 26).**

3. FREEDOM DESTROYS OUR LITTLE KINGDOMS

Freedom threatens the systems we build to keep ourselves important, needed, and in control. Grace reminds me that this is God's Kingdom—not mine. **I don't have to be in charge to be secure. We don't have to be in control. Self-righteousness is one of the most**

Part 1: Freedom's Power (continued)



4. FREEDOM BREAKS DOWN WALLS

Religion can divide us into insiders and outsiders, the good guys and the bad guys, the people who “get it” and those who don’t. Grace levels the ground. **At the foot of the Cross, none of us has anything to prove—and none of us has anyone to look down on. Jesus believed that God would sort it all out (Matthew 13:24-30; 47-51).**

5. FREEDOM CAN BE FRIGHTENING

Real freedom means I can no longer hide behind rules, appearances, or someone else’s expectations. I have to choose how I will live before God.

Freedom gives me responsibility. Grace sets me free—and then asks me: “What will you do with your freedom?” See story of Rev. Thomas J. Quinlan.

FREE MEANS FREE!

I don’t obey God so He will love me.

I am free to obey because He already does.

Part 2: COURAGE / GET OFF THE X

THE REACT PLAN

A practical way to GET OFF THE X and move forward.

R **RECOGNIZE** Your Reality

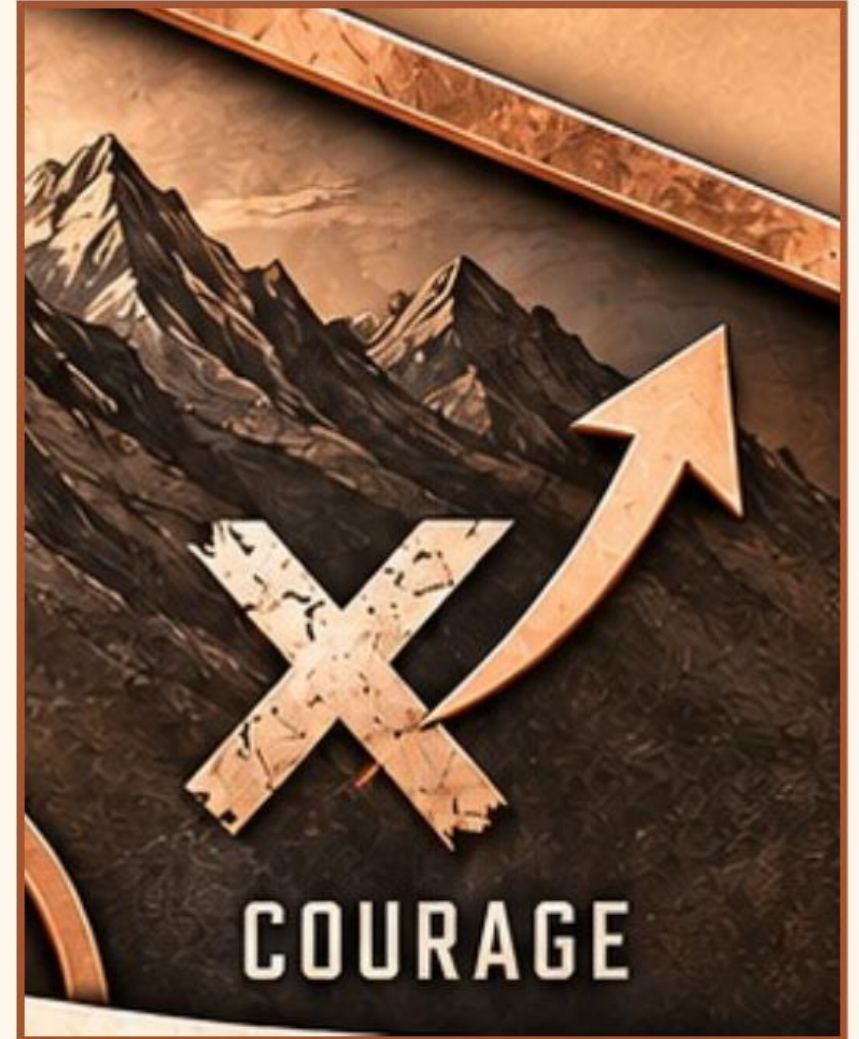
E **EVALUATE** Your Actions

A **ASSESS** Possible Options and Outcomes

C **CHOOSE** a Direction and Communicate It

T **TAKE** Action

RECOGNIZE → EVALUATE → ASSESS → CHOOSE → TAKE ACTION



Part 3: STAY RESILIENT



*Resilience is not trying harder.
It is learning where to be replenished.*

A WELL IN THE DESERT

Jesus is the well. Come to Him and drink deeply.

BETTER QUESTION

Not "How do I try harder?"
"Where will I get replenished?"

Stay attached to Jesus. Receive from Jesus.
Let Jesus restore what life has drained.

Part 4: FINISH STRONG

*Finishing strong is not finishing fast or first.
It is finishing faithful.*

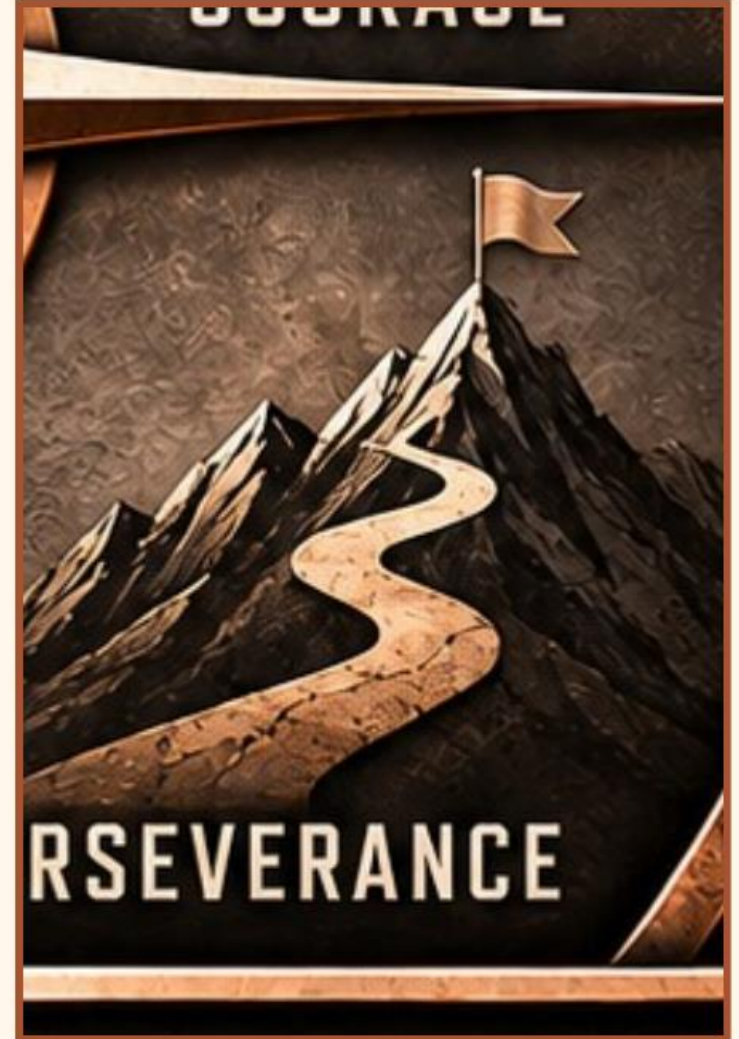
FAITHFUL

Keep moving when quitting seems easier.

EYES ON JESUS

Fix your eyes on Jesus, not circumstances.

Run your race. Keep your eyes on Jesus.
Refuse to quit. **FINISH STRONG.**



Action: Journal This

01 WHAT POWER ROBS YOU OF YOUR FREEDOM?

Relationship, circumstance, or personal issue?

02 WHAT ACTION DO YOU NEED TO TAKE?

What will help you get off the X?

03 WHO WALKS WITH YOU?

Who is beside you through your most difficult times?

ONE MOVE

Name it. Write it down. Take the next faithful step.

