



TIME TO GROW UP
Emotional Maturity

Living from Identity

Identity is Given - Baptism

when Jesus also had been baptized and was praying, the heavens were opened, ²² and the Holy Spirit descended on him in bodily form, like a dove; and a voice came from heaven, “You are my beloved Son; with you I am well pleased.”

Luke 3:21-22

Identity is Tested - Wilderness

³ The devil said to him, “If you are the Son of God, command this stone to become bread.” ⁴ And Jesus answered him, “It is written, ‘Man shall not live by bread alone.’”

Identity is Tested - Wilderness

⁵ And the devil took him up and showed him all the kingdoms of the world in a moment of time, ⁶ and said to him, “To you I will give all this authority and their glory, for it has been delivered to me, and I give it to whom I will. ⁷ If you, then, will worship me, it will all be yours.” ⁸ And Jesus answered him, “It is written, ““You shall worship the Lord your God, and him only shall you serve.””

Identity is Tested - Wilderness

⁹ And he took him to Jerusalem and set him on the pinnacle of the temple and said to him, “If you are the Son of God, throw yourself down from here, ¹⁰ for it is written,

“‘He will command his angels concerning you, to guard you,’ ¹¹ and “‘On their hands they will bear you up, lest you strike your foot against a stone.’”

¹² And Jesus answered him, “It is said, ‘You shall not put the Lord your God to the test.’” ¹³ And when the devil had ended every temptation, he departed from him until an opportune time.

Luke 4:3-12

Identity is Expressed - Temple

¹⁷ And the scroll of the prophet Isaiah was given to him. He unrolled the scroll and found the place where it was written,

¹⁸ “The Spirit of the Lord is upon me, because he has anointed me to proclaim good news to the poor. He has sent me to proclaim liberty to the captives and recovering of sight to the blind, to set at liberty those who are oppressed, ¹⁹ to proclaim the year of the Lord's favor.”

²⁰ And he rolled up the scroll and gave it back to the attendant and sat down. And the eyes of all in the synagogue were fixed on him. ²¹ And he began to say to them, “Today this Scripture has been fulfilled in your hearing.”

Two Ways We Live:

Identity in Christ

1) Given

2) Tested

3) Expressed

Identity we create

1) Earned

2) Insecure

3) Reactive/ Passive

Where This Shows Up

Work / Performance → **I prove myself**

Conflict / Relationships → **I defend or shut down**

Comparison / Approval → **I measure my worth**