

*New  
Testament*

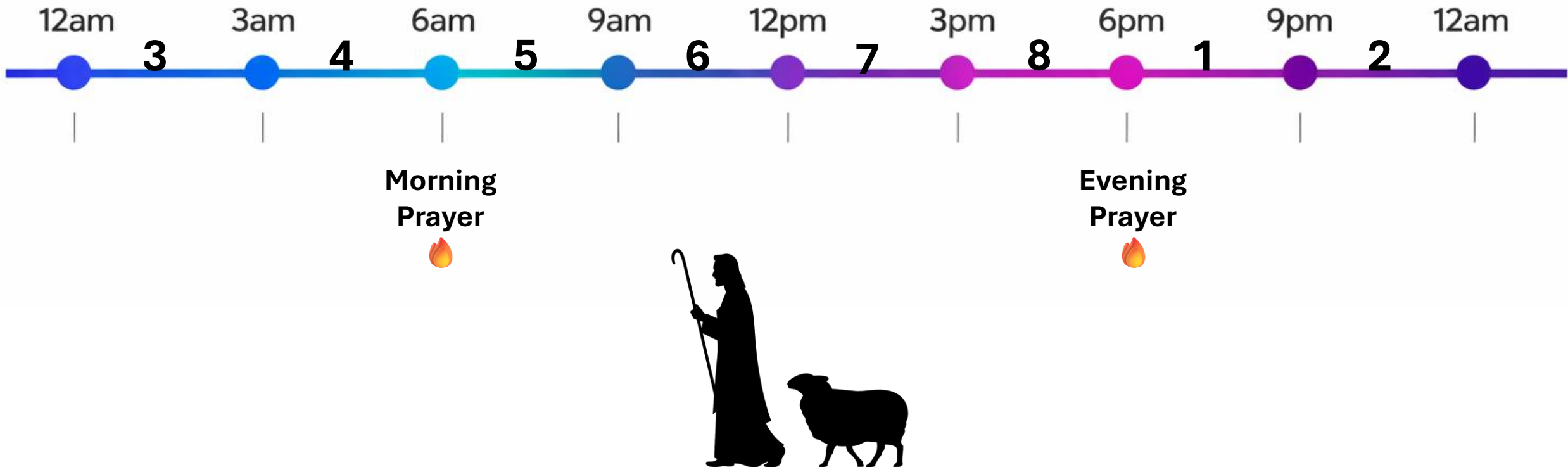


*Psalms  
Proverbs*

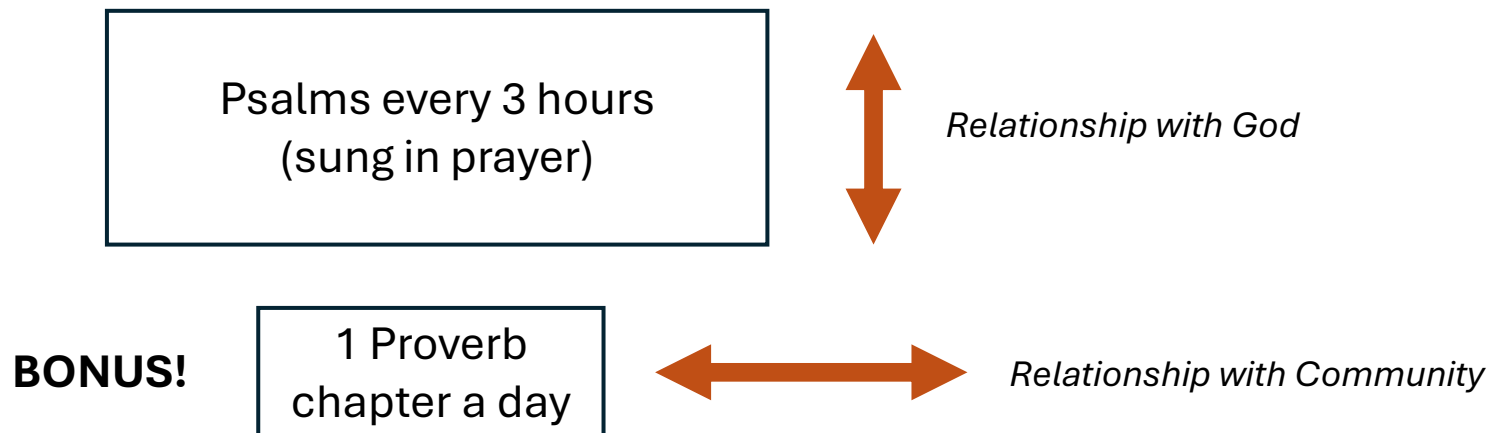


# The 8 Prayer Watches

*Psalm 119:62 (midnight), Psalm 119:164 (7 times a day), Isaiah 62:6 (watchmen day and night), Matthew 14:25 (4<sup>th</sup> watch), Mark 13:35 (keep watch), Matthew 26:36-46 (Jesus in Gethsemane)*



## Daily Prayer (Back in the Day)



***...and then came the Messiah Jesus Christ***

## Daily Office: Seasons of the Life of Jesus: Walking the Life of Jesus, with Jesus, in a Year

Matthew

Mark

Luke

John

Birth of the Church  
(Luke, Paul, John, Peter)

# Daily Office: Seasons of the Life of Jesus: Walking the Life of Jesus, with Jesus, in a Year

	Morning Prayer
†	Intro
	Invitatory: Psalm 95
	Hymn
	Morning Psalm
	Old Testament Canticle
	Psalm
	Bible Reading
	Short Responsory
	Gospel Canticle: Zechariah
	Prayer Intercessions
	Lord's Prayer
	Concluding Prayer
	Blessing †

	Evening Prayer
†	Intro
	Hymn
	Psalm
	Psalm
	New Testament Canticle
	Bible Reading
	Short Responsory
	Gospel Canticle: Mary
	Prayer Intercessions
	Lord's Prayer
	Concluding Prayer
	Blessing †