

The Essential Nature of Trust

JESUS: The Fulfillment of All Things!

I invite you to walk with me through the Old Testament and discover how God uses the stories of broken men—not perfect ones—to help us learn to trust Him.

These lives aren't just ancient history; they are windows into our own struggles and hopes. Each story leads us closer to Jesus, the one in whom all trust finds its meaning.

Along the way, your “trust muscle” will be stretched and strengthened as we explore what it means to truly follow the One who is trustworthy.

Let's take the journey together.



Series Overview

1. Goal: Strengthen trust in Jesus through Old Testament characters.
2. Theme: Who Do You Trust?
Who Do You Follow?
3. Outcome: Build trust in relationships, make discerning decisions, and deepen your relationship with Jesus.



JESUS – Every Old Testament Book Points to Jesus!

This final session of 'The Essential Nature of Trust' brings our journey through the Old Testament to its true destination: Jesus Christ. Every book, every story, every act of faith and failure has been leading here. This outline reveals how each Old Testament book points toward the Redeemer—and how our ultimate trust finds its home in Him.



JESUS: The Redeemer!

1. **Genesis:** Jesus is the true and better Adam who passed the test in the garden and whose obedience is counted as ours.
2. **Exodus:** Jesus is the true Passover Lamb whose blood rescues us from death and leads us out of slavery to sin.
3. **Leviticus:** Jesus is our perfect High Priest and the once-for-all sacrifice who makes us holy and brings us into God's presence.
4. **Numbers:** Jesus is our faithful guide through the wilderness, providing manna for our souls and leading us to the promised land.
5. **Deuteronomy:** Jesus is the Prophet greater than Moses, speaking God's Word and writing His law on our hearts.
6. **Joshua:** Jesus is our victorious leader who brings us into the true Promised Land of rest and eternal life.
7. **Judges:** Jesus is the righteous Judge who delivers us not temporarily but forever from the tyranny of sin.
8. **Ruth:** Jesus is our Redeemer who takes the outsider and brings us into His family through covenant love.
9. **1 & 2 Samuel:** Jesus is the true King after God's own heart who rules with justice, mercy, and humility.
10. **1 & 2 Kings:** Jesus is the faithful King who never fails and establishes an everlasting kingdom.



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11. **1 & 2 Chronicles:** Jesus is the promised descendant of David who restores true worship and reigns forever.
12. **Ezra:** Jesus is the restorer of God's people, rebuilding hearts and renewing covenant faithfulness.
13. **Nehemiah:** Jesus is the rebuilders of what is broken, restoring the ruins of our souls and giving us new courage.
14. **Esther:** Jesus is the unseen Advocate who stands in the gap for His people and brings deliverance through divine providence.
15. **Job:** Jesus is the innocent sufferer who intercedes for us and reveals that our Redeemer lives.
16. **Psalms:** Jesus is the Song of our hearts, our Shepherd, our Refuge, and our King worthy of all praise.
17. **Proverbs:** Jesus is the Wisdom of God made flesh, showing us how to live a life of righteousness and truth.
18. **Ecclesiastes:** Jesus is our meaning and satisfaction, the only one who makes sense of life under the sun.
19. **Song of Solomon:** Jesus is the Bridegroom who loves His bride, the Church, with unfailing affection.
20. **Isaiah:** Jesus is the suffering servant and reigning King who bears our sins and establishes peace forever.



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21. **Jeremiah:** Jesus is the righteous Branch who brings a new covenant written on our hearts.
22. **Lamentations:** Jesus weeps with us in our brokenness and becomes our hope in the midst of sorrow.
23. **Ezekiel:** Jesus is the Good Shepherd who gives His Spirit and breathes life into our dry bones.
24. **Daniel:** Jesus is the Son of Man who reigns eternally and stands with us in the fire.
25. **Hosea:** Jesus is the faithful husband who loves and redeems His unfaithful people.
26. **Joel:** Jesus is the One who baptizes with the Holy Spirit and restores what sin has destroyed.
27. **Amos:** Jesus is the righteous Judge who brings justice for the oppressed and righteousness to the earth.
28. **Obadiah:** Jesus is the deliverer on Mount Zion who humbles the proud and saves His people.
29. **Jonah:** Jesus is the greater Jonah who was three days in the grave and rose to bring salvation to the nations.
30. **Micah:** Jesus is the ruler born in Bethlehem who shepherds His people and brings peace.



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- 31. **Nahum:** Jesus is the avenger of evil who will bring complete and righteous justice.
- 32. **Habakkuk:** Jesus is our faith when everything shakes — 'the righteous shall live by faith.'
- 33. **Zephaniah:** Jesus is the mighty one who saves and rejoices over His people with singing.
- 34. **Haggai:** Jesus is the glory of the new temple and the restorer of true worship.
- 35. **Zechariah:** Jesus is the humble King riding on a donkey, pierced for our sins and coming again in glory.
- 36. **Malachi:** Jesus is the Sun of Righteousness who rises with healing in His wings and fulfills all God's promises



JESUS: "All the Scriptures Point to ME!" – Luke 24:25-27.

Picture two travelers walking down a dusty road to Emmaus. The cross is behind them, their hope shattered. They thought Jesus was the One — the Messiah — but now their faith has collapsed into confusion.

Then, a stranger joins them. He listens. He lets them pour out their pain and disappointment. And then He begins to speak — not with condemnation, but with revelation. Luke 24:27 says, 'And beginning with Moses and all the Prophets, He explained to them what was said in all the Scriptures concerning Himself.'

In that moment, the resurrected Christ was giving the greatest Bible study ever taught — showing that the entire Old Testament story was really about Him. Every garden, every altar, every covenant, every king, every prophet — all of it was a signpost pointing to Jesus.

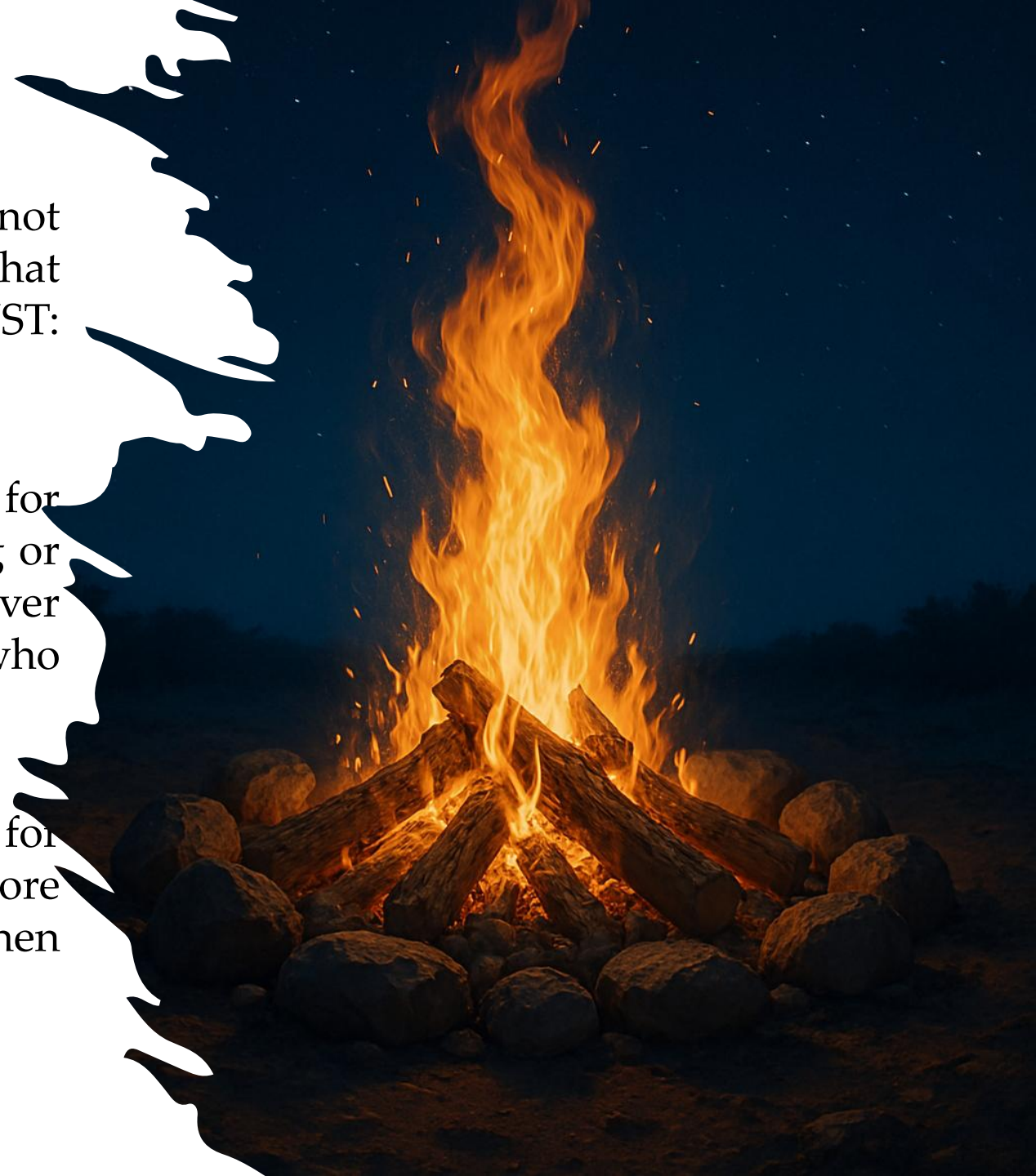


REPAIRING BROKEN TRUST

Step 1 – Acknowledge the Breach → You cannot repair what you won't admit. Be specific about what happened and how trust was damaged. TRUST: Denial delays healing; humility begins restoration.

Step 2 – Own Your Role → Take responsibility for your part—even if it's partial. Avoid blame-shifting or minimizing. TRUST = Proverbs 28:13 — “Whoever conceals their sins does not prosper, but the one who confesses and renounces them finds mercy.”

Step 3 – Understand the Impact → Show empathy for the pain or consequences caused. Listen fully before offering solutions. TRUST = People trust again when they feel seen, heard, and understood.

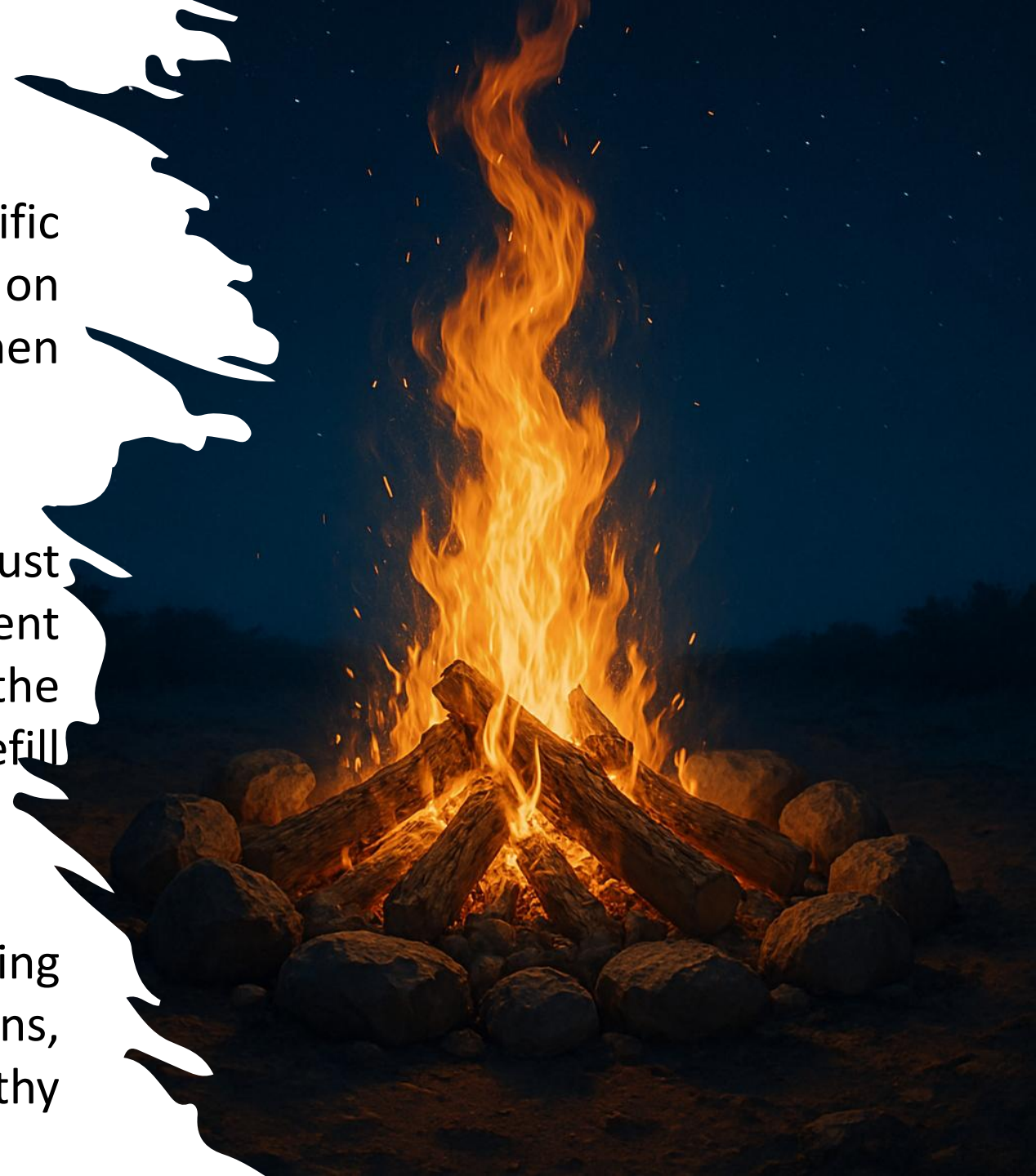


REPAIRING BROKEN TRUST

Step 4 – Make Amends → Offer a clear, specific plan to repair the harm done. Follow through on your commitments. TRUST = Trust grows when words and actions align.

Step 5 – Rebuild Through Consistency → Trust isn't rebuilt overnight; it's restored one consistent choice at a time. TRUST = Dr. Cloud calls this the “deposit effect”—small actions that slowly refill the trust account.

Step 6 – Establish Healthy Boundaries → Moving forward requires clarity on expectations, responsibilities, and limits. TRUST = Healthy relationships balance grace and truth.



Take Action! Journal This!

1. When did you begin trusting Jesus?
2. Who pointed you to Jesus?
3. What circumstance or relationship are you trusting Jesus for a miracle?

