



# THE ESSENTIAL NATURE OF TRUST

I invite you to walk with me through the Old Testament and discover how God uses the stories of broken men—not perfect ones—to help us learn to trust Him. These lives aren't just ancient history; they are windows into our own struggles and hopes. Each story leads us closer to Jesus, the one in whom all trust finds its meaning. Along the way, your "trust muscle" will be stretched and strengthened as we explore what it means to truly follow the One who is trustworthy. Let's take the journey together.

## ELIJAH – Trusting the God Who Answers!

Nothing in the world works without trust. Trust is established through relationship.

Who do you trust? Who do you follow?

Highland Colony Men's Roundtable

[www.MensTable.com](http://www.MensTable.com)

October 09, 2025

**Scripture:** Isaiah 65:17-25; I Kings 17:1-16; I Kings 18:20-39; I Kings 19:1-18

**Music:** Charity Gayle - I Speak Jesus - <https://www.youtube.com/watch?v=PcmqSfr1ENY>

**Videos:** Massive Revival Erupting at University of Tennessee – <https://www.youtube.com/watch?v=tDqc4SDJXkc>

**Resources:** *Hitchhiking with Prophets – A Ride through the Salvation Story of the Old Testament* by Chad Bird

*Trust – Knowing When to Give It, When to Withhold It, How to Earn It, and How to Fix It When It Gets Broken in Life and Business* by Dr. Henry Cloud

## ELIJAH – Trusting the God Who Answers!

1. \_\_\_\_\_ → **Trust in God's Sovereign Provision – Even in Seasons of Lack.** When Elijah announced a drought as judgment on Israel, he was sent into hiding by the brook Cherith. There, God fed him through ravens. Later, he provided for Elijah and a widow with a jar of oil and a handful of flour that never ran out. I Kings 17:1-16. REMEMBER: Trust means depending on God's provision even when resources are scarce and the situation seems hopeless. "If God is not sovereign, then God is not God." – R.C. Sproul
2. \_\_\_\_\_ → **Trust in God's Power – Even When the Odds Are Against You.** On Mount Carmel, Elijah faced 450 prophets of Baal alone. It was an impossible situation by human standards, yet Elijah's confidence was not in himself but in the living God. When he prayed, fire fell from heaven, consuming the sacrifice and proving that Yahweh is God. REMEMBER: Trust is not passive. It's a confident reliance on God's power when our strength fails. Like Elijah, we are called to stand firm in faith even if we stand alone. "We do not trust in faith itself; we trust in the God who is worthy of faith." – R.C. Sproul
3. \_\_\_\_\_ → **Trust in God's Presence – Even in Times of Despair.** After the triumph on Mount Carmel, Elijah fled into the wilderness, exhausted and afraid. He felt alone and defeated. Yet God met him there — not in a dramatic display but in a gentle whisper — renewing his strength and recommissioning him for the work ahead. I Kings 19:1-18. REMEMBER: Trust deepens when we learn that God's presence is our anchor, even in weakness and despair. His silence does not mean His absence. "God is never absent from the believer. His silence is not His absence." – R.C. Sproul

## Elijah and the Coming Messiah

1. Elijah's life points forward to Jesus in profound ways. Just as Elijah called Israel back to covenant faithfulness, Jesus came calling people to repentance and faith in God's kingdom. Elijah's bold confrontation with false gods foreshadows Christ's victory over sin and death. And just as Elijah heard God's whisper in the wilderness, Jesus often withdrew to lonely places to meet with the Father.
2. At the Transfiguration (Matthew 17:1-8), Elijah appears alongside Moses, bearing witness to Jesus as the fulfillment of the Law and the Prophets. Elijah's story is ultimately part of the greater story that finds its completion in Christ — the One we trust completely.

## REPAIRING BROKEN TRUST

**Step 1 – Acknowledge the Breach** → You cannot repair what you won't admit. Be specific about what happened and how trust was damaged.

TRUST: Denial delays healing; humility begins restoration.

**Step 2 – Own Your Role** → Take responsibility for your part—even if it's partial. Avoid blame-shifting or minimizing. TRUST = Proverbs 28:13 — "Whoever conceals their sins does not prosper, but the one who confesses and renounces them finds mercy."

**Step 3 – Understand the Impact** → Show empathy for the pain or consequences caused. Listen fully before offering solutions. TRUST = People trust again when they feel seen, heard, and understood.

**Step 4 – Make Amends** → Offer a clear, specific plan to repair the harm done. Follow through on your commitments. TRUST = Trust grows when words and actions align.

**Step 5 – Rebuild Through Consistency** → Trust isn't rebuilt overnight; it's restored one consistent choice at a time. TRUST = Dr. Cloud calls this the "deposit effect"—small actions that slowly refill the trust account.

**Step 6 – Establish Healthy Boundaries** → Moving forward requires clarity on expectations, responsibilities, and limits. TRUST = Healthy relationships balance grace and truth.

## Take Action! Journal This!

1. Where in your life do you need to trust God's provision instead of relying on your own strength or resources?
2. What "Mount Carmel moments" have you faced (or are facing) where trusting God requires courage and boldness?
3. God revealed Himself to Elijah not in dramatic displays but in a gentle whisper. When has God spoken to you in the "quiet"? How can you cultivate space in your life to hear and trust His voice more clearly?



Sign in to this Thursday's Men's Roundtable



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## Scripture – The Message

**Isaiah 65:17-25 – 17** "Pay close attention now: I'm creating new heavens and a new earth. All the earlier troubles, chaos, and pain are things of the past, to be forgotten.**18** Look ahead with joy. Anticipate what I'm creating: I'll create Jerusalem as sheer joy, create my people as pure delight.**19** I'll take joy in Jerusalem, take delight in my people: No more sounds of weeping in the city, no cries of anguish;**20** No more babies dying in the cradle, or old people who don't enjoy a full lifetime; One-hundredth birthdays will be considered normal - anything less will seem like a cheat.

**21** They'll build houses and move in. They'll plant fields and eat what they grow.**22** No more building a house that some outsider takes over, No more planting fields that some enemy confiscates, For my people will be as long-lived as trees, my chosen ones will have satisfaction in their work.**23** They won't work and have nothing come of it, they won't have children snatched out from under them. For they themselves are plantings blessed by God, with their children and grandchildren likewise God-blessed.**24** Before they call out, I'll answer. Before they've finished speaking, I'll have heard.

**25** Wolf and lamb will graze the same meadow, lion and ox eat straw from the same trough, but snakes - they'll get a diet of dirt! Neither animal nor human will hurt or kill anywhere on my Holy Mountain," says God.

**I Kings 17:1-16 - 1** And then this happened: Elijah the Tishbite, from among the settlers of Gilead, confronted Ahab: "As surely as God lives, the God of Israel before whom I stand in obedient service, the next years are going to see a total drought - not a drop of dew or rain unless I say otherwise."**2** God then told Elijah,**3** "Get out of here, and fast. Head east and hide out at the Kerith Ravine on the other side of the Jordan River.**4** You can drink fresh water from the brook; I've ordered the ravens to feed you."**5** Elijah obeyed God's orders. He went and camped in the Kerith canyon on the other side of the Jordan.**6** And sure enough, ravens brought him his meals, both breakfast and supper, and he drank from the brook.**7** Eventually the brook dried up because of the drought.**8** Then God spoke to him:**9** "Get up and go to Zarephath in Sidon and live there. I've instructed a woman who lives there, a widow, to feed you."**10** So he got up and went to Zarephath. As he came to the entrance of the village he met a woman, a widow, gathering firewood. He asked her, "Please, would you bring me a little water in a jug? I need a drink."**11** As she went to get it, he called out, "And while you're at it, would you bring me something to eat?"**12** She said, "I swear, as surely as your God lives, I don't have so much as a biscuit. I have a handful of flour in a jar and a little oil in a bottle; you found me scratching together just enough firewood to make a last meal for my son and me. After we eat it, we'll die."**13** Elijah said to her, "Don't worry about a thing. Go ahead and do what you've said. But first make a small biscuit for me and bring it back here. Then go ahead and make a meal from what's left for you and your son."**14** This is the word of the God of Israel: 'The jar of flour will not run out and the bottle of oil will not become empty before God sends rain on the land and ends this drought.'"

**15** And she went right off and did it, did just as Elijah asked. And it turned out as he said - daily food for her and her family.**16** The jar of meal didn't run out and the bottle of oil didn't become empty: God's promise fulfilled to the letter, exactly as Elijah had delivered it!

### "I Speak Jesus" By Charity Gayle

<p>I just want to speak the name of Jesus Over every heart and every mind Cause I know there is peace within Your presence I speak Jesus I just want to speak the name of Jesus Till every dark addiction starts to break Declaring there is hope and there is freedom I speak Jesus Cause Your name is power Your name is healing Your name is life Break every stronghold Shine through the shadows Burn like a fire I just want to speak the name of Jesus Over fear and all anxiety To every soul held captive by</p>	<p>depression I speak Jesus Your name is power Your name is healing Your name is life Break every stronghold Shine through the shadows Burn like the fire Shout Jesus from the mountains Jesus in the streets Jesus in the darkness over every enemy Jesus for my family I speak the holy name Jesus Shout Jesus from the mountains Jesus in the streets Jesus in the darkness over every enemy Jesus for my family I speak the holy name Jesus</p>	<p>Your name is power Your name is healing Your name is life Break every stronghold Shine through the shadows Burn like a fire Your name is power Your name is healing Your name is life Break every stronghold Shine through the shadows Burn like a fire I just want to speak the name of Jesus Over every heart and every mind Cause I know there is peace within Your presence I speak Jesus</p>
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