



THE ESSENTIAL NATURE OF TRUST

I invite you to walk with me through the Old Testament and discover how God uses the stories of broken men—not perfect ones—to help us learn to trust Him. These lives aren't just ancient history; they are windows into our own struggles and hopes. Each story leads us closer to Jesus, the one in whom all trust finds its meaning. Along the way, your "trust muscle" will be stretched and strengthened as we explore what it means to truly follow the One who is trustworthy. Let's take the journey together.

LOST – Stories of Being Lost Without Jesus

Nothing in the world works without trust. Trust is established through relationship. Who do you trust? Who do you follow?

Highland Colony Men's Roundtable

www.MensTable.com

April 10, 2025

Scripture: Genesis 16:1-4; Genesis 37:23-28; Exodus 2:11-15; II Samuel 11:14-17 ; Jonah 1:14-17

Music: Cody Carnes - Run To The Father <https://www.youtube.com/watch?v=HTHS4W1bPi8>

Videos: Old Testament Summary - <https://bibleproject.com/explore/video/old-testament-tanak/>

The Shack - Meeting the Trinity - https://www.youtube.com/watch?v=gHJwn_JEazA

Resources: *Hitchhiking with Prophets – A Ride through the Salvation Story of the Old Testament* by Chad Bird

Trust – Knowing When to Give It, When to Withhold It, How to Earn It, and How to Fix It When It Gets Broken in Life and Business by Dr. Henry Cloud

Series Overview

1. Goal: Strengthen trust in Jesus through Old Testament characters
2. Theme: Who Do You Trust? Who Do You Follow?
3. Outcome: Build trust in relationships, make discerning decisions, and deepen your relationship with Jesus.

Part 1 - The Journey Home

1. Week 1: HOME – Finding Our True Home in Jesus
2. Week 2: LOST – Stories of Being Lost Before Trusting Jesus
3. Week 3: LONG JOURNEY – Life's Circus of Humanity

LOST – Stories of Being Lost Before Trusting Jesus

"Before trust can grow, we often have to realize just how lost we are."

1. Abraham – Lost in _____!

Abraham was lost in uncertainty and control, taking matters into his own hands when God's promise felt delayed. Scripture: Genesis 16:1–4

2. Joseph – Lost in _____!

Joseph was lost in betrayal and abandonment, sold by his brothers and forgotten in prison before seeing God's purpose. Scripture: Genesis 37:23–28; 40:23

3. Moses – Lost in _____!

Moses was lost in shame and self-doubt, running from Egypt and his past until God met him in the wilderness. Scripture: Exodus 2:11–15; 3:1–12

4. David – Lost in _____!

Summary: David was lost in compromise and guilt, caught in a web of sin before returning to God through repentance. Scripture: 2 Samuel 11:1–17; Psalm 51.

5. Jonah – Lost in _____!

Jonah was lost in resistance and resentment, running from God's call until grace found him in the deep. Scripture: Jonah 1:1–17

Closing Thought: Each of these men was deeply lost—in fear, failure, or their own plans—before they learned to trust God. And in every case, God pursued them. Being lost is not failure—it's often the first step toward deep, lasting trust.

EVERYTHING DEPENDS ON TRUST

1. Trust is the _____ of All Relationships!

Everything meaningful—love, connection, leadership, teamwork, even faith—depends on trust. Without it, relationships break down and progress stalls.

2. Trust Is _____, Not Assumed!

People often think trust is just given or automatic, but it's actually built over time through consistent, relational experiences. It's earned through small, repeated actions that demonstrate safety and reliability.

3. Life _____ Without It!

From families to businesses, from friendships to spiritual life—trust is the glue that holds it all together. When trust breaks, everything suffers: communication, intimacy, productivity, even health.

4. Broken Trust _____!

Because trust is so central, its loss causes deep pain. Betrayal, dishonesty, and failure to show up can wound us profoundly, leading to isolation, fear, and control-based behavior.



Sign in to this Thursday's
Men's Roundtable



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5. Trust Can Be _____ and _____!

The good news: trust is not static. It can be rebuilt when the right ingredients are present—like honesty, consistency, empathy, and willingness to change. Trust is a muscle that grows with use.

Take Action! Journal This!

1. Where do you try to control outcomes instead of trusting God's timing?
2. Have you ever felt abandoned—and how did that affect your ability to trust?
3. What part of your past has made it hard for you to believe God could use you?

SCRIPTURE – The Message

<p>Genesis 16:1-4 - 1 Now Sarai, Abram's wife, had borne him no children. But she had an Egyptian slave named Hagar; 2 so she said to Abram, "The LORD has kept me from having children. Go, sleep with my slave; perhaps I can build a family through her." Abram agreed to what Sarai said. 3 So after Abram had been living in Canaan ten years, Sarai his wife took her Egyptian slave Hagar and gave her to her husband to be his wife. 4 He slept with Hagar, and she conceived. When she knew she was pregnant, she began to despise her mistress.</p> <p>Genesis 37:23-28 - 23 So when Joseph came to his brothers, they stripped him of his robe—the ornate robe he was wearing— 24 and they took him and threw him into the cistern. The cistern was empty; there was no water in it. 25 As they sat down to eat their meal, they looked up and saw a caravan of Ishmaelites coming from Gilead. Their camels were loaded with spices, balm and myrrh, and they were on their way to take them down to Egypt. 26 Judah said to his brothers, "What will we gain if we kill our brother and cover up his blood? 27 Come, let's sell him to the Ishmaelites and not lay our hands on him; after all, he is our brother, our own flesh and blood." His brothers agreed. 28 So when the Midianite merchants came by, his brothers pulled Joseph up out of the cistern and sold him for twenty shekels of silver to the Ishmaelites, who took him to Egypt.</p> <p>Exodus 2:11-15 - 11 One day, after Moses had grown up, he went out to where his own people were and watched them at their hard labor. He saw an Egyptian beating a Hebrew, one of his own people. 12 Looking this way and that and seeing no one, he killed the Egyptian and hid him in the sand. 13 The next day he went out and saw two Hebrews fighting. He asked the</p>	<p>one in the wrong, "Why are you hitting your fellow Hebrew?" 14 The man said, "Who made you ruler and judge over us? Are you thinking of killing me as you killed the Egyptian?" Then Moses was afraid and thought, "What I did must have become known." 15 When Pharaoh heard of this, he tried to kill Moses, but Moses fled from Pharaoh and went to live in Midian, where he sat down by a well.</p> <p>II Samuel 11:14-17 - 14 In the morning David wrote a letter to Joab and sent it with Uriah. 15 In it he wrote, "Put Uriah out in front where the fighting is fiercest. Then withdraw from him so he will be struck down and die." 16 So while Joab had the city under siege, he put Uriah at a place where he knew the strongest defenders were. 17 When the men of the city came out and fought against Joab, some of the men in David's army fell; moreover, Uriah the Hittite died.</p> <p>Jonah 1:14-17 - 14 Then they cried out to the LORD, "Please, LORD, do not let us die for taking this man's life. Do not hold us accountable for killing an innocent man, for you, LORD, have done as you pleased." 15 Then they took Jonah and threw him overboard, and the raging sea grew calm. 16 At this the men greatly feared the LORD, and they offered a sacrifice to the LORD and made vows to him. 17 Now the LORD provided a huge fish to swallow Jonah, and Jonah was in the belly of the fish three days and three nights.</p>
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"Run To The Fater" By Cody Carnes

<p>I've carried a burden for too long on my own I wasn't created to bear it alone I hear Your invitation To let it all go I see it now I'm laying it down And I know that I need You I run to the Father I fall into grace I'm done with the hiding No reason to wait My heart needs a surgeon My soul needs a friend So I'll run to the Father Again and again and again and again Oh oh oh You saw my condition Had a plan from the start Your Son for redemption</p>	<p>The price for my heart And I don't have a context For that kind of love I don't understand I can't comprehend All I know is I need You I run to the Father I fall into grace I'm done with the hiding No reason to wait My heart needs a surgeon My soul needs a friend So I'll run to the Father Again and again and again and again My heart has been in Your sights Long before my first breath Running into Your arms Is running to life from death And I feel this rush deep in my chest</p>	<p>Your mercy is calling out Just as I am You pull me in And I know I need You now I run to the Father I fall into grace I'm done with the hiding No reason to wait My heart needs a surgeon My soul needs a friend So I'll run to the Father Again and again I run to the Father I fall into grace I'm done with the hiding No reason to wait And my heart found a surgeon My soul found a friend So I'll run to the Father Again and again and again and again</p>
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