



# THE ESSENTIAL NATURE OF TRUST

I invite you to walk with me through the Old Testament and discover how God uses the stories of broken men—not perfect ones—to help us learn to trust Him. These lives aren't just ancient history; they are windows into our own struggles and hopes. Each story leads us closer to Jesus, the one in whom all trust finds its meaning. Along the way, your "trust muscle" will be stretched and strengthened as we explore what it means to truly follow the One who is trustworthy. Let's take the journey together.

## FINDING OUR TRUE HOME IN JESUS

Nothing in the world works without trust. Trust is established through relationship. Who do you trust? Who do you follow?

Highland Colony Men's Roundtable

[www.MensTable.com](http://www.MensTable.com)

April 03, 2025

**Scripture:** Acts 17:24-29; Genesis 6:5-8

**Music:** Friend Who can by Thomas Mac - <https://www.youtube.com/watch?v=xOHURFAJQCI>

**Videos:** Old Testament Summary - <https://bibleproject.com/explore/video/old-testament-tanak/>

Why Is Trust the Most Important Thing - Good Will Hunting - <https://www.youtube.com/watch?v=pyUxsKti2ZI>

**Resources:** *Hitchhiking with Prophets – A Ride through the Salvation Story of the Old Testament* by Chad Bird

*Trust – Knowing When to Give It, When to Withhold It, How to Earn It, and How to Fix It When It Gets Broken in Life and Business* by Dr. Henry Cloud

### What Old Testament Characters Teach us about TRUST in Jesus - Series Overview

1. \_\_\_\_\_: Strengthen trust in Jesus through Old Testament characters
2. \_\_\_\_\_: Who Do You Trust? Who Do You Follow?
3. \_\_\_\_\_: Build trust in relationships, make discerning decisions, and deepen your relationship with Jesus.

#### Part 1: The Journey Home

1. Week 1: \_\_\_\_\_ – Finding Our True Home in Jesus
2. Week 2: **LOST** – Stories of Being Lost Before Trusting Jesus
3. Week 3: **LONG JOURNEY** – Life's Circus of Humanity

#### Part 2: OT Characters Who Point to Jesus

1. Weeks 4-19: Explore Trust Principles through OT Characters
2. **Key Figures:** Adam & Eve, Noah, Abraham, Jacob, Joseph, Moses, Joshua, Judges, Saul, David, David's Family, Solomon, Job, Ruth, Esther, Nehemiah, and more.
3. Application: Relate trust lessons to real-life situations.

#### Part 3: Prophets & Pointing to Jesus

1. Weeks 20-25 → Prophets who prepared the way: Elijah, Elisha, Isaiah, Jeremiah, Daniel, Ezekiel, and Malachi.
2. Application: Trusting God's plan through uncertainty

#### Part 4: Home to Jesus

1. Week 26-27: Jesus – Trust Fulfilled and Restored
2. Culmination of the entire trust journey
3. Application: Reflect on how trust has grown through the series

#### Trust Principles from Dr. Henry Cloud

1. \_\_\_\_\_ – Is it safe to trust?
2. \_\_\_\_\_ – Trust requires taking a risk.
3. \_\_\_\_\_ – Discern who is trustworthy.
4. \_\_\_\_\_ – Develop trustworthiness.
5. \_\_\_\_\_ – Set limits to protect trust.
6. \_\_\_\_\_ – Rebuild trust when broken.
7. \_\_\_\_\_ – Know the difference between trust and forgiveness.

#### Action: Journal This!

1. What's the one thing you're struggling with the most right now?
2. What spiritual or personal values are guiding you through those struggles?
3. If you could fast-forward one year, what would you want your story to be?



Sign in to this Thursday's  
**Men's Roundtable**



Donate to **BPO**



Sign Up for  
**Men's Coaching Weekend!**

#### SCRIPTURE – The Message

ACTS 17:24-29 - [24](#) "The God who made the world and everything in it, this Master of sky and land, doesn't live in custom-made shrines [25](#) or need the human race to run errands for him, as if he couldn't take care of himself. He makes the creatures; the creatures don't make him. [26](#) Starting from scratch, he made the entire human race and made the earth hospitable, with plenty of time and space for living [27](#) so we could seek after God, and not just grope around in the dark but actually find him. He doesn't play hide-and-seek with us. He's not remote; he's near. [28](#) We live and move in him, can't get away from him! One of your poets said it well: 'We're the God-created.' [29](#) Well, if we are the God-created, it doesn't make a lot of sense to think we could hire a sculptor to chisel a god out of stone for us, does it?

Genesis 6:5-8 - [5](#) God saw that human evil was out of control. People thought evil, imagined evil - evil, evil, evil from morning to night. [6](#) God was sorry that he had made the human race in the first place; it broke his heart. [7](#) God said, "I'll get rid of my ruined creation, make a clean sweep: people, animals, snakes and bugs, birds - the works. I'm sorry I made them." [8](#) But Noah was different. God liked what he saw in Noah.

#### "Friend Who Can" By Thomas Mac

I can't take your broken heart and mend all of the shattered parts  
I can't help ya find the strength to stand but I got a friend who can  
I can't calm the raging seas and walk the waves of Galilee  
I can't reach out with a saving hand but I got a friend who can  
He is love, He is hope  
He is all that you're feeling inside  
When the night breaks you down He is healing  
I can't offer you a perfect plan  
But I got a friend who can  
I can't make a blind man see  
No, I can't give you all the strength you need  
I can't wash away your sin like sand  
But I got a friend who can (I got a friend who can)

I can't take a wandering soul, lost on a broken road  
And lead him to the promised land but I got a friend who can  
He is love, He is hope  
He is all that you're feeling inside  
When the night breaks you down He is healing  
I can't offer you a perfect plan  
But I got a friend who can He is love, He is hope  
He is all that you're feeling inside  
When the night breaks you down He is healing  
I can't offer you a perfect plan But I got a friend who can  
I can't offer you a second chance  
But I got a friend who can  
A friend who can A friend who can A friend who can

**Philip K. Hardin, M.A., M.Div.**

Director of Business & Professional Outreach, Intl. - Licensed Marriage & Family Therapist, Licensed Professional Counselor, and Certified Life Coach  
563 Johnson Avenue – Fairhope, Alabama 36532

Phone: 601-925-0707

Email: [phil@bpointl.org](mailto:phil@bpointl.org)

Webpage: [www.bpointl.org](http://www.bpointl.org)