

# What Old Testament Characters Teach us about TRUST in Jesus

## The Essential Nature of Trust

I invite you to walk with me through the Old Testament and discover how God uses the stories of broken men—not perfect ones—to help us learn to trust Him.

These lives aren't just ancient history; they are windows into our own struggles and hopes. Each story leads us closer to Jesus, the one in whom all trust finds its meaning.

Along the way, your “trust muscle” will be stretched and strengthened as we explore what it means to truly follow the One who is trustworthy.

Let's take the journey together.





# Series Overview

1. **Goal**: Strengthen trust in Jesus through Old Testament characters
2. **Theme**: Who Do You Trust? Who Do You Follow?
3. **Outcome**: Build trust in relationships, make discerning decisions, and deepen your relationship with Jesus.



# Part 1

## The Journey Home

1. **Week 1: HOME** – Finding Our True Home in Jesus
2. **Week 2: LOST** – Stories of Being Lost Before Trusting Jesus
3. **Week 3: LONG JOURNEY** – Life's Circus of Humanity





# Part 2

## OT Characters Who Point to Jesus

1. **Weeks 4-19:** Explore Trust Principles through OT Characters
2. **Key Figures:** Adam & Eve, Noah, Abraham, Jacob, Joseph, Moses, Joshua, Judges, Saul, David, David's Family, Solomon, Job, Ruth, Esther, Nehemiah, and more.
3. **Application:** Relate trust lessons to real-life situations.



# Part 3

## Prophets & Pointing to Jesus

1. **Weeks 20-25** → Prophets who prepared the way:  
Elijah, Elisha, Isaiah, Jeremiah, Daniel, Ezekiel, and Malachi.
2. **Application:** Trusting God's plan through uncertainty





# Part 4: Home to Jesus

1. **Week 26-27:** Jesus – Trust Fulfilled and Restored
2. Culmination of the entire trust journey
3. **Application:** Reflect on how trust has grown through the series



# Trust Principles from Dr. Henry Cloud

1. Safe – Is it safe to trust?
2. Risk – Trust requires taking a risk.
3. Skill – Discern who is trustworthy.
4. Maturity – Develop trustworthiness.
5. Boundaries – Set limits to protect trust.
6. Restoration – Rebuild trust when broken.
7. Discernment – Know the difference between trust and forgiveness.





# Take Action!

## Journal Prompts

1. What's the one thing you're struggling with the most right now?
2. What spiritual or personal values are guiding you through those struggles?
3. If you could fast-forward one year, what would you want your story to be?

