

A person is shown from behind, breaking a heavy metal chain. The person is wearing a blue long-sleeved shirt and dark jeans. The chain is being snapped, with sparks and debris flying off. The background is a dramatic sky with clouds and a bright light source, possibly the sun or moon, creating a silhouette effect on the person. The overall mood is one of liberation and triumph.

NO LONGER BOUND::
MEET THE CHAIN BREAKER

NO LONGER BOUND – COUNSELING-Receiving God's Intimate Counsel!

Breaking Free from the Bondage We Agreed to That Enslaves Our Heart – Jeremiah 40:4,5 & Galatians 5:1.

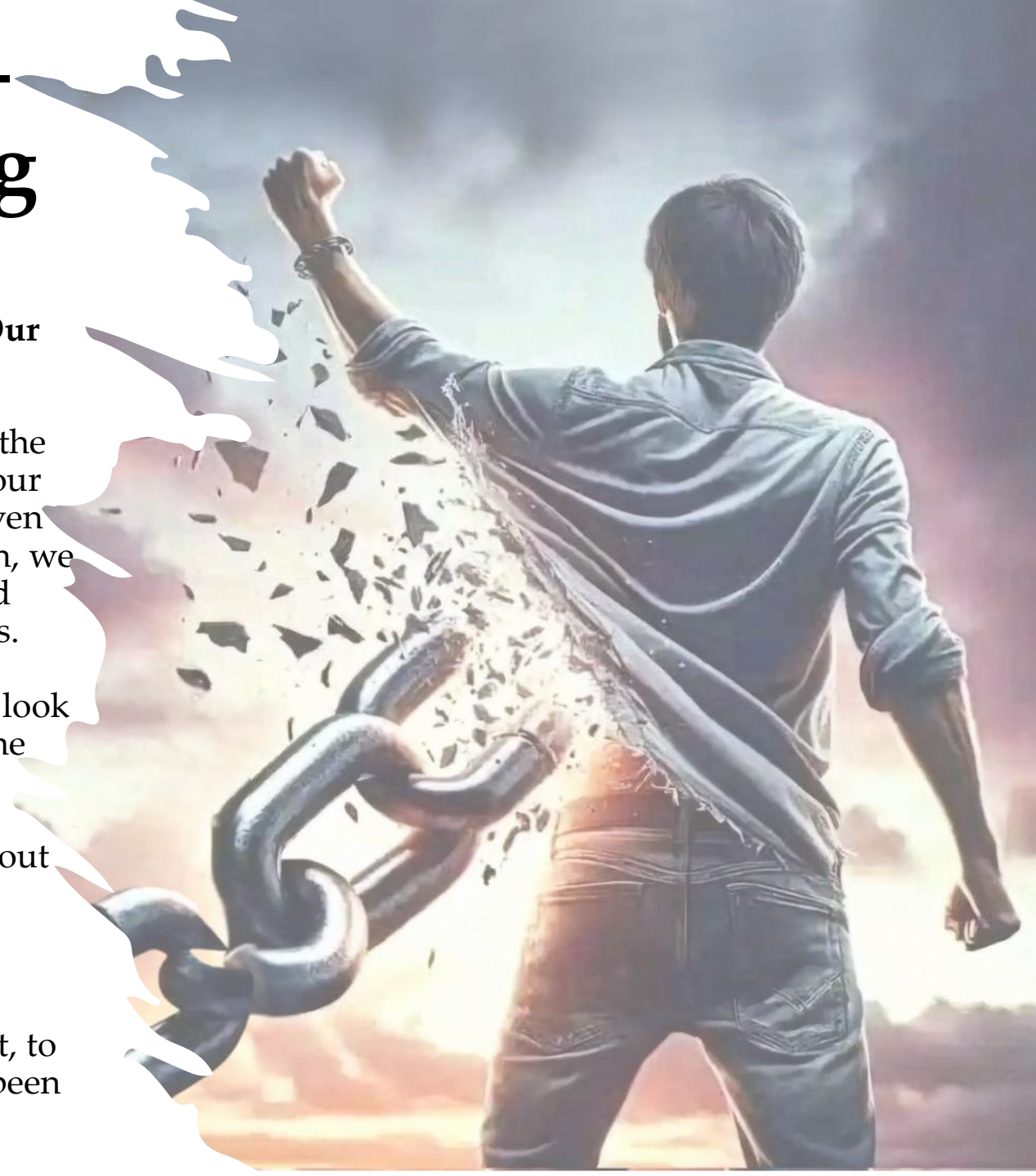
Many Christians don't realize that we can make agreements with the enemy of our souls to escape our past pains –whether it be from our performance, relationships, reputation, fear, or loss of control. Even though we have been totally saved from the consequences of our sin, we can still live as a slave to Satan himself because of conscious and unconscious contractual agreements we have made in our hearts.

God wants us FREE to live life as He designed it. To do so we must look inside our hearts, uncover these old agreements, and discover the simple steps to revoke and break them.

By breaking these oppressive agreements, we can then freely live out the life

Jesus ransomed us for and become fully alive through the four tributaries of Discipleship, Counseling, Healing, and Warfare.

God is calling us to live out our calling in communities of the heart, to fight for one another and for the hearts of those who have not yet been set free!





NO LONGER BOUND: WOUNDED!

Jeremiah 6:13-15

1. **ASSAULTED – USED - ABUSED** → We are wounded—blows to the heart (Psalm 4:1-3). The wounds create distortion and chaos, and turn the very thing God created to be a source of celebration into a source of shame.
2. **HOW LONG WILL YOU BELIEVE THE LIE?** → The accusations you heard growing up, those core convictions that formed about your heart, will remain down there until someone comes to dislodge them.



NO LONGER BOUND: BELIEVE

1. IT'S NOT YOUR FAULT! → "I had believed it was my fault." This all happened because my heart is bad; it's my fault.
2. FACE THE LIE! → The Spirit comes to us to speak the truth and break the lies. Believe the truth! Who speaks truth into your life. Where do you do to hear truth?

NO LONGER BOUND FACE THE PAIN! – John 21:15-19

1. ASK GOD! → Denial is a favorite method of coping for many Christians. But NOT with Jesus. He wants truth in the inmost being. One way he'll do this is by bringing up an old memory. The lessons that have been laid down in pain can be accessed only in pain. Christ must open the wound, not just bandage it over. Jesus invites us to go with Him into the deep waters of the heart, to uncover the lies buried down there, and bring in the truth that will set us free.



NO LONGER BOUND: THE HELP OF OTHERS!

1. COUNSELING → The Spirit was sent to be our Counselor. YES—Jesus does speak to us personally, but often, He works through another human being. We are usually too close to our lives to see what's going on. Because it's our story we're trying to understand, we sometimes don't know what's true or false, what's real or imagined. See Psalm 51:5-9. Getting TRUTH into us is often through others. It flows through His people.



ACTION

Journal This!

1. What episode from you past has been difficult to face?
2. Have you ever told that story to someone?
3. Who has Jesus used to speak into your life?

