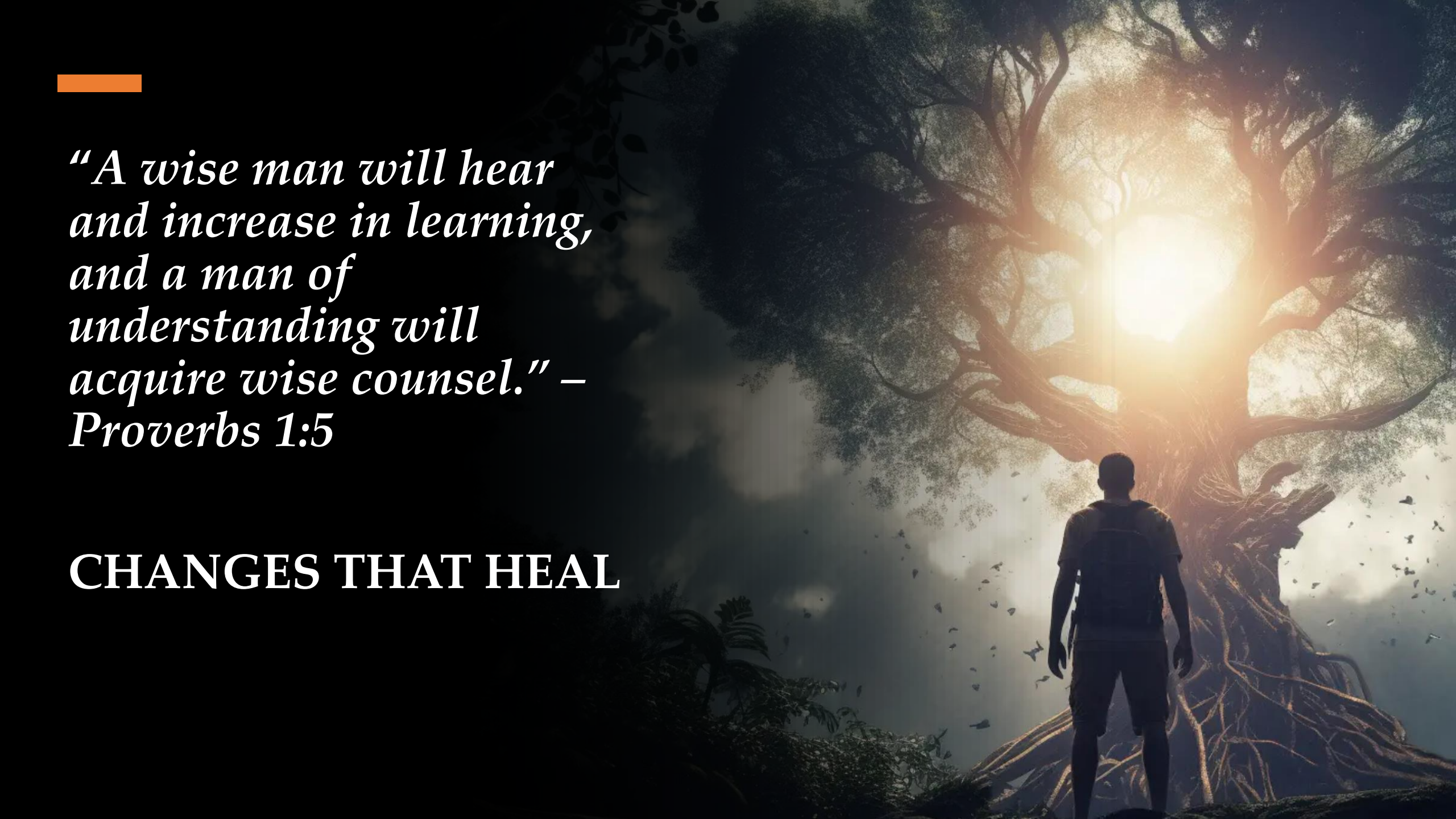


A person stands with their back to the camera, looking up at a massive, ancient tree. A brilliant, golden light emanates from behind the tree's trunk, creating a strong backlight effect. The scene is set against a sky filled with soft, white clouds. Numerous small, dark leaves or petals are seen floating in the air around the tree. The overall mood is one of awe and contemplation.

WISDOM

for the journey

A person stands in silhouette on a rocky outcrop, looking up at a massive, ancient tree. The tree's trunk is thick and gnarled, with roots spreading out. A brilliant, golden light emanates from behind the tree's canopy, creating a strong backlight effect and illuminating the scene. The sky is dark and filled with soft, wispy clouds. Numerous small, dark silhouettes of birds are scattered throughout the air, some near the tree and others further away. The overall mood is contemplative and majestic.

*“A wise man will hear
and increase in learning,
and a man of
understanding will
acquire wise counsel.” –
Proverbs 1:5*

CHANGES THAT HEAL

A person stands with their back to the camera, looking up at a massive, ancient tree. Sunlight streams through the dense canopy of leaves, creating a bright, ethereal glow. The scene is set in a lush, green environment with other foliage visible in the lower left corner. The overall mood is one of awe and contemplation.

WISDOM

for the journey

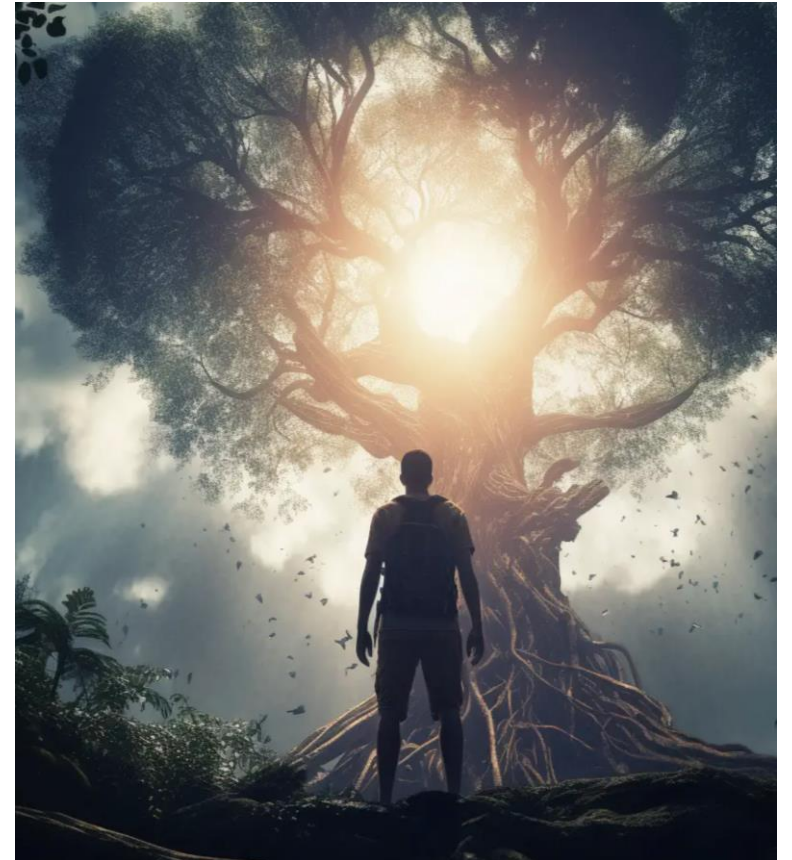
We need help to make decisions about work; all relationships – in speech and conduct; who to trust or avoid; along with being measured by the plumbline of true character. Wisdom from Proverbs offers insight into the concrete experiences of human life that help us take charge of our lives.

Proverbs is about **how to** live out your faith in God. There is no true wisdom apart from Jesus. Fools are those who rely on their own knowledge to navigate life.

In this study, we will look and listen to hear God's voice and see his Son shining through the book of Proverbs. We will be equipped in every way for our journey!

COMMITTED TO GROW – CHANGES THAT HEAL

1. **Grace + Truth + Time** = Change and Growth. See John 1:14 and Luke 13:6-9.
2. **Bonding**: the ability of a person to establish an emotional attachment to another person. See Col. 3:14; Eph. 3:17; John 4:16.
3. **Boundaries**: Having boundaries means realizing one's own person apart from others and knowing one's limits. See Joshua 24:15; Matthew 18:15-18.
4. **Resolving Good & Bad**: the ability to handle the reality and coexistence of good and bad. See I John 1:8-10.
5. **Establishing Authority As an Adult**: the process of establishing equality with other adults, of becoming a peer to other adults. See I Cor. 13:11.





ACTION: JOURNAL THIS!

1. How does a person change/grow?
2. What area or relationship of your life most needs attention?
3. What most helps you in your growth?