



WISDOM FOR THE JOURNEY
“A wise man will hear and increase in learning, and a man of understanding will acquire wise counsel.”
– Proverbs 1:5

Men have always needed wisdom. We need help to make decisions about work; all relationships – in speech and conduct; who to trust - or avoid; along with being measured by the plumb line of true character. Wisdom from Proverbs offers insight into the concrete experiences of human life that help us take charge of our lives. Proverbs is about **how to** live out your faith in God. There is no true wisdom apart from Jesus. Fools are those who rely on their own knowledge to navigate life. In this study, we will look and listen to hear God’s voice and see his Son shining through the book of Proverbs. We will be equipped in every way for our journey! So, let’s dig in!

Highland Colony Men’s Roundtable
www.MensTable.com

**WISDOM FOR THE JOURNEY: Knowing the Heart-
 The Seven Deadly Sins – PRIDE & GLUTTONY!**
 A man needs wisdom for his journey. We can find that wisdom in Proverbs as we are pointed to Jesus.

May 9, 2024

Scripture: Proverbs 30:11-14; Proverbs 19:11; Proverbs 16:5, 18; Proverbs 13:10; Proverbs 14:3; Proverbs 21:15, 17, 20; Proverbs 3:9-10; Proverbs 20:1; Proverbs 21:17; Proverbs 23:19-21; Proverbs 23:29-35
Music: Randy Travis sings 'Amazing Grace' at George Jones' funeral - <https://www.youtube.com/watch?v=oQO1t01htHI>
Randy Travis Sings at Hall of Fame Induction - <https://www.youtube.com/watch?v=wbKK6Mz3ck>
Resources - *GOD’S WISDOM for NAVIGATING LIFE* by Timothy Keller
PROVERBS FOR YOU by Kathleen Nielson

THE SEVEN DEADLY SINS: PRIDE! – What is true about you that you do not see?

1. _____ - Proverbs 30:11-14 → Pride corrupts and distorts all relationships:
 1. Hate authority.
 2. Resist parental instruction.
 3. No Empathy
 4. Blinded to personal brokenness.
 5. Haughty & Disdainful of others.
 6. Ruthless & Unjust to those with less social power.
 7. Leads to every other vice—anger, greed, drunkenness, etc.
2. _____ - Proverbs 19:11 → The Hebrew for *patience* means a relaxed face rather than one that instantly snarls when provoked. If our ego was working properly, we would know that true glory is to let a slight or irritation go without paying back.
3. _____ - Proverbs 16:5,18 → Pride prevents you from learning from your mistakes or admitting your own weaknesses. Everything has to be blamed on other people. You have to maintain the image of yourself as a competent person, as someone who is better than other people. Pride distorts your view of reality, and therefore you’re going to make terrible decisions.
4. _____ - Proverbs 13:10, 14:3 → Pride stirs up interpersonal strife. The image is of a man beating themselves with a rod or whip. Indiscreet, insulting speech always marks the braggart and the thin-skinned prompts others to react with anger, derision, disdain, and revenge. Pride means you are constantly getting into arguments.

THE SEVEN DEADLY SINS: GLUTTONY/ADDICTION – How is the pursuit of immediate pleasure the way you seek to handle stress, anxiety, and unhappiness?

1. _____ - Proverbs 21:15, 17, 20 → Today, the word “gluttony” means overeating, but traditionally it meant the inability to live a life of delayed gratification. The spirit of gluttony is always to take the easy way out. The wise man is called to justice, which often means the sacrifice of one’s comforts and pleasures. Gluttony seeks happiness, rather than living responsibly.
2. _____ - Proverbs 3:9-10, 20:1 → Proverbs warns against inebriation, a state in which the safeguards of self-control are removed. An over-dependence on alcohol for facing the stresses of life can lead to economic security (21:17, 23:19-21) or to acts of abuse and injustice (31:4,5). Proverbs does not necessarily counsel abstinence (3:9,10). The wise man recognize the benefits and the curse. Addiction is real (23:29-35).

ACTION: JOURNAL THIS!

1. What failure or flaw are you afraid to admit or own? Are you too proud to admit how proud you are?
2. Who do you have in your life that you trust to correct you?
3. What behavior or relationship do you need to stop in order to gain control of your life?



Donate to **BPO + Capital Campaign**



Sign Up for **Men’s Coaching Weekend!**

SCRIPTURE

<p>Proverbs 30:11-14 - 11 Don't curse your father or fail to bless your mother. 12 Don't imagine yourself to be quite presentable when you haven't had a bath in weeks. 13 Don't be stuck-up and think you're better than everyone else. 14 Don't be greedy, merciless and cruel as wolves, Tearing into the poor and feasting on them, shredding the needy to pieces only to discard them.</p> <p>Proverbs 19:11 - 11 Smart people know how to hold their tongue; their grandeur is to forgive and forget.</p> <p>Proverbs 16:5, 18 - 5 God can't stomach arrogance or pretense; believe me, he'll put those upstarts in their place. 18 First pride, then the crash - the bigger the ego, the harder the fall.</p> <p>Proverbs 13:10 - 10 Arrogant know-it-all's stir up discord, but wise men and women listen to each other's counsel.</p> <p>Proverbs 14:3 - 3 Frivolous talk provokes a derisive smile; wise speech evokes nothing but respect.</p> <p>Proverbs 21:15, 17, 20 - 15 Good people celebrate when justice triumphs, but for the workers of evil it's a bad day. 17 You're addicted to thrills? What an empty life! The pursuit of pleasure is never satisfied. 20 Valuables are safe in a wise person's home; fools put it all out for yard sales.</p>	<p>Proverbs 3:9-10 - 9 Honor God with everything you own; give him the first and the best. 10 Your barns will burst, your wine vats will brim over.</p> <p>Proverbs 20:1 - 1 Wine makes you mean, beer makes you quarrelsome - a staggering drunk is not much fun.</p> <p>Proverbs 21:17 - 17 You're addicted to thrills? What an empty life! The pursuit of pleasure is never satisfied.</p> <p>Proverbs 23:19-21 - 19 Oh listen, dear child - become wise; point your life in the right direction 20 Don't drink too much wine and get drunk; don't eat too much food and get fat. 21 Drunks and gluttons will end up on skid row, in a stupor and dressed in rags. Buy Wisdom, Education, Insight</p> <p>Proverbs 23:29-35 - 29 Who are the people who are always crying the blues? Who do you know who reeks of self-pity? Who keeps getting beat up for no reason at all? Whose eyes are bleary and bloodshot? 30 It's those who spend the night with a bottle, for whom drinking is serious business. 31 Don't judge wine by its label, or its bouquet, or its full-bodied flavor. 32 Judge it rather by the hangover it leaves you with - the splitting headache, the queasy stomach. 33 Do you really prefer seeing double, with your speech all slurred, 34 Reeling and seasick, drunk as a sailor? 35 "They hit me," you'll say, "but it didn't hurt; they beat on me, but I didn't feel a thing. When I'm sober enough to manage it, bring me another drink!"</p>
--	--

Amazing Grace by Randy Travis

<p>Amazing grace! How sweet the sound That saved a wretch like me I once was lost but now I am found Was blind, but now I see.</p> <p>T'was grace that taught my heart to fear And grace my fears relieved How precious did that grace appear The hour I first believed.</p>	<p>Through many dangerous toils, and snares I have already come T'is grace that brought me safe thus far And grace will lead me home.</p> <p>When we've been there ten thousand years Bright shining as the sun We've known less days to sing God's grace Than when we first begun...</p>
--	---

Philip K. Hardin, M.A., M.Div.

Director of Business & Professional Outreach, Intl. - Licensed Marriage & Family Therapist, Licensed Professional Counselor, and Certified Life Coach
563 Johnson Avenue – Fairhope, Alabama 36532
Phone: 601-925-0707

Email: phil@bpointl.org

Webpage: www.bpointl.org