


A person stands in silhouette, facing a massive, ancient tree with thick, gnarled roots and a dense canopy. The scene is set against a bright, hazy sky with scattered clouds and falling leaves. The word "WISDOM" is written in large, bold, yellow capital letters across the upper portion of the image, centered over the tree's canopy. The overall mood is contemplative and serene.

WISDOM

for the journey

A person is standing in silhouette on a rocky outcrop, looking towards a massive, ancient tree. The tree's trunk is thick and gnarled, with many roots exposed. Behind the tree, a bright, glowing light, possibly the sun or moon, creates a strong backlighting effect, casting a golden glow over the scene. The sky is filled with soft, wispy clouds and many small birds are seen flying in the distance. The overall mood is contemplative and majestic.

*“A wise man will hear  
and increase in learning,  
and a man of  
understanding will  
acquire wise counsel.” –  
Proverbs 1:5*

**KNOWING THE HEART  
– The Seven Deadly Sins:  
PRIDE & GLUTTONY!**

A person stands with their back to the camera, looking up at a massive, ancient tree. Sunlight filters through the dense canopy, creating a warm, golden glow. The scene is set in a lush, green environment with other trees and foliage visible in the background. The overall mood is one of awe and contemplation.

# WISDOM

for the journey

We need help to make decisions about work; all relationships – in speech and conduct; who to trust or avoid; along with being measured by the plumbline of true character. Wisdom from Proverbs offers insight into the concrete experiences of human life that help us take charge of our lives.

Proverbs is about **how to** live out your faith in God. There is no true wisdom apart from Jesus. Fools are those who rely on their own knowledge to navigate life.

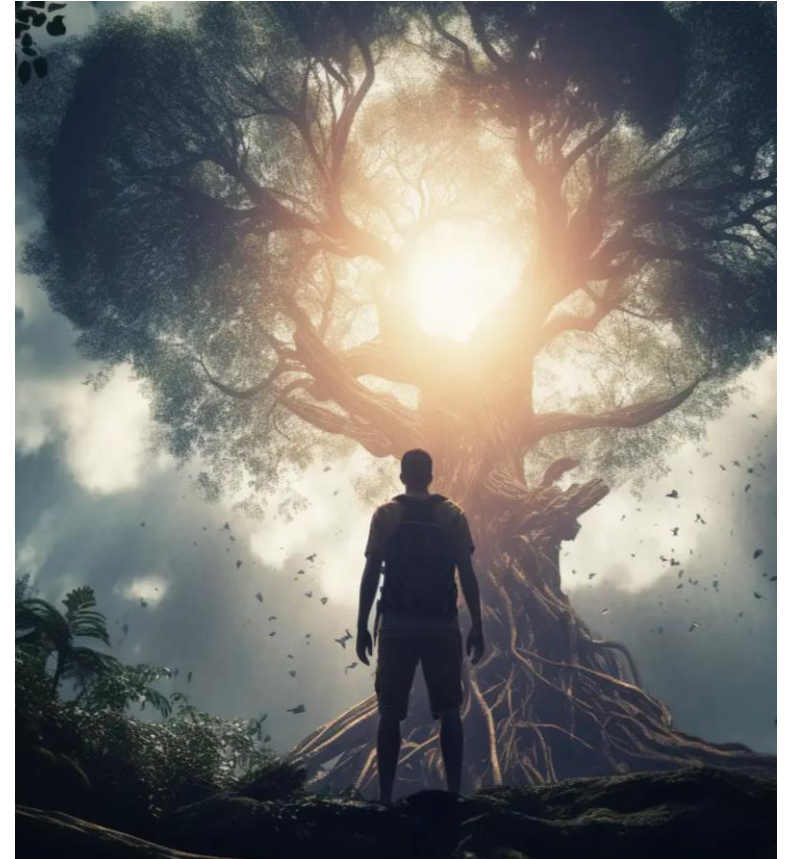
In this study, we will look and listen to hear God's voice and see his Son shining through the book of Proverbs. We will be equipped in every way for our journey!

# THE SEVEN DEADLY SINS: PRIDE!

– What is true about you that you do not see?

---

1. **DISTORED RELATIONSHIPS** - Proverbs 30:11-14 →  
Pride corrupts and distorts all relationships:
  1. Hate authority.
  2. Resist parental instruction.
  3. No Empathy
  4. Blinded to personal brokenness.
  5. Haughty & Disdainful of others.
  6. Ruthless & Unjust to those with less social power.
  7. Leads to every other vice—anger, greed, drunkenness, etc.
2. **EASILY OFFENDED** - Proverbs 19:11 → The Hebrew for *patience* means a relaxed face rather than one that instantly snarls when provoked. If our ego was working properly, we would know that true glory is to let a slight or irritation go without paying back.

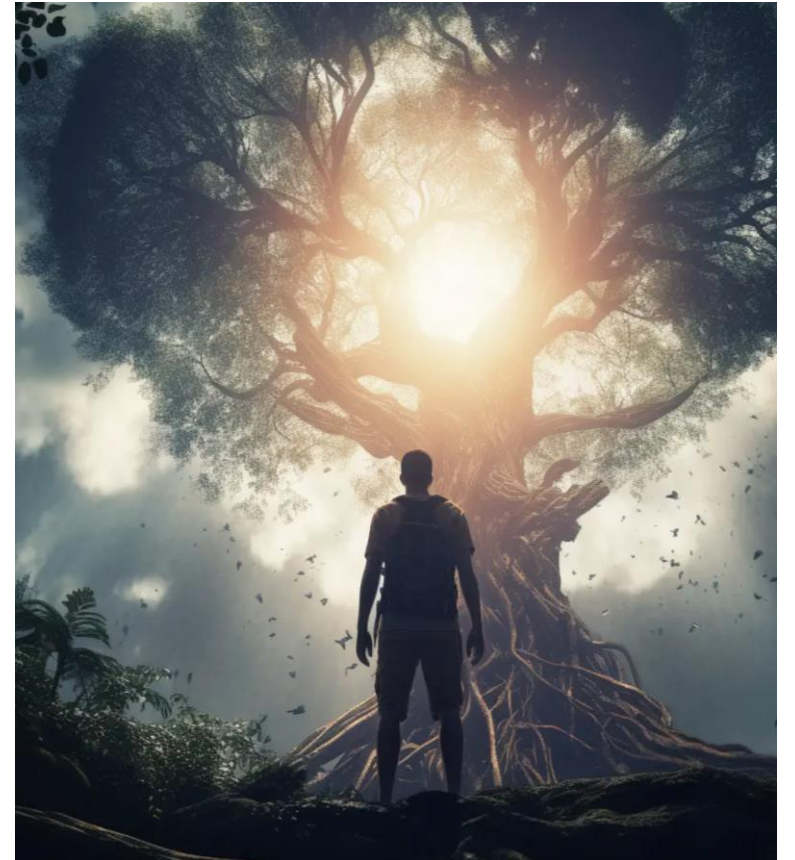


# THE SEVEN DEADLY SINS: PRIDE!

– What is true about you that you do not see?

---

3. **BLIND SPOTS** – Proverbs 16:5,18 → Pride prevents you from learning from your mistakes or admitting your own weaknesses. Everything has to be blamed on other people. You have to maintain the image of yourself as a competent person, as someone who is better than other people. Pride distorts your view of reality, and therefore you're going to make terrible decisions.
4. **PERPECTUAL CONFLICT** - Proverbs 13:10, 14:3 → Pride stirs up interpersonal strife. The image is of a man beating themselves with a rod or whip. Indiscreet, insulting speech always marks the braggart and the thin-skinned prompts others to react with anger, derision, disdain, and revenge. Pride means you are constantly getting into arguments.

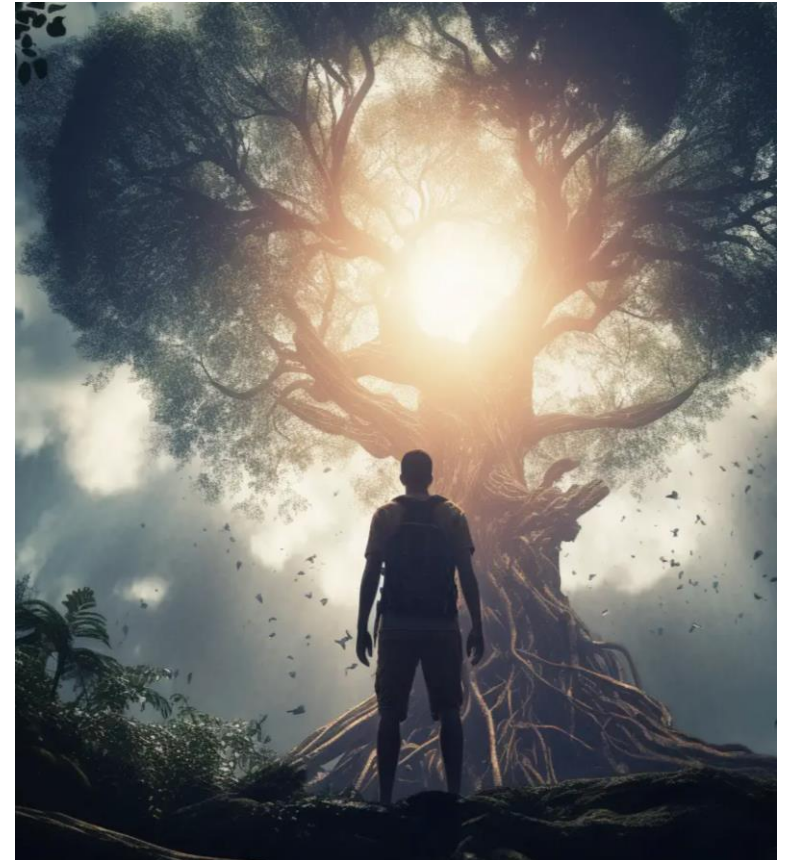


# THE SEVEN DEADLY SINS: GLUTTONY/ADDICTION

– How is the pursuit of immediate pleasure the way you seek to handle stress, anxiety, and unhappiness?

---

1. **PLEASURE LOVING** – Proverbs 21:15, 17, 20 → Today, the word “gluttony” means overeating, but traditionally it meant the inability to live a life of delayed gratification. The spirit of gluttony is always to take the easy way out. The wise man is called to justice, which often means the sacrifice of one’s comforts and pleasures. Gluttony seeks happiness, rather than living responsibly.
2. **IRRESPONSIBLE DRINKING** – Proverbs 3:9-10, 20:1 → Proverbs warns against inebriation, a state in which the safeguards of self-control are removed. An over-dependence on alcohol for facing the stresses of life can lead to economic security (21:17, 23:19-21) or to acts of abuse and injustice (31:4,5). Proverbs does not necessarily counsel abstinence (3:9,10). The wise man recognize the benefits and the curse. Addiction is real (23:29-35).





---

## **ACTION: JOURNAL THIS!**

1. What failure or flaw are you afraid to admit or own? Are you too proud to admit how proud you are?
2. Who do you have in your life that you trust to correct you?
3. What behavior or relationship do you need to stop in order to gain control of your life?