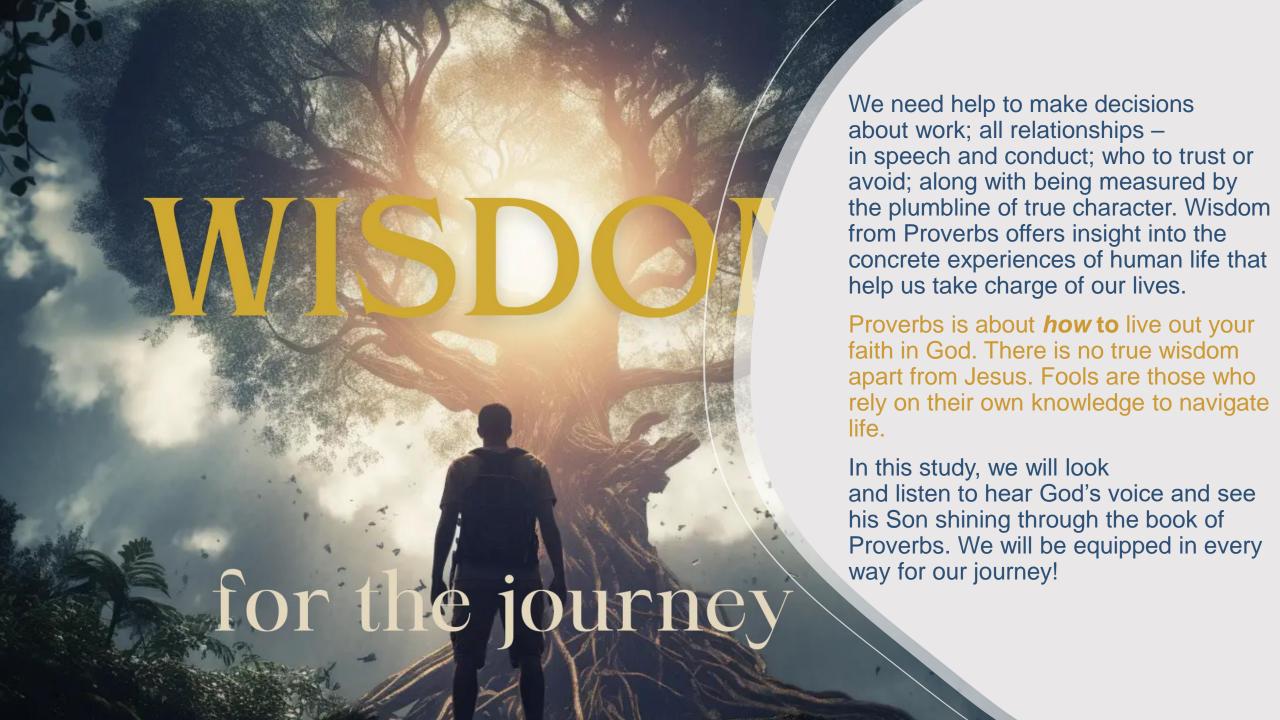


"A wise man will hear and increase in learning, and a man of understanding will acquire wise counsel." – Proverbs 1:5

KNOWING THE HEART

- The Seven Deadly Sins:
ENVY!

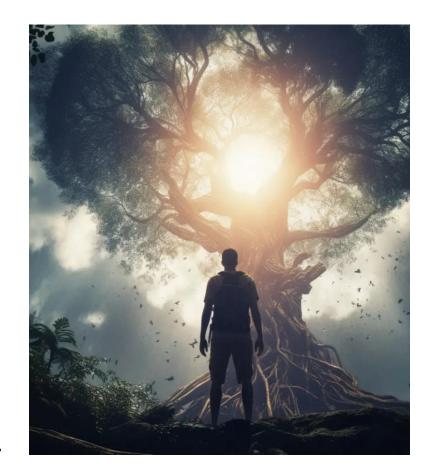




THE SEVEN DEADLY SINS: ENVY!

- Whose life do you wish you had?

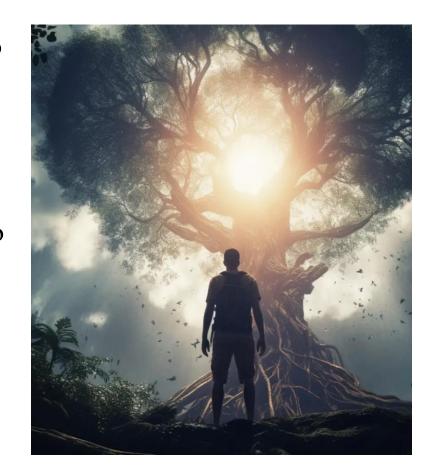
- 1. THE POWER OF ENVY Proverbs 14:30 → Admit the things you envy other people's bodies, bank accounts, relationships, and many other things. It robs you of joy and leaves you miserable and dissatisfied.
- **2.** GOD IS JEALOUS (Exodus 34:14) → God is jealous *for* something. Jealousy is "the proper intolerance of disruptive intrusion and is thereby a mark of love (as the opposite of indifference). Jealousy in its essence is a commitment to a relationship (II Cor. 11:1-3).
- 3. <u>SINFUL ENVY</u> → Sinful jealousy if not jealousy for but of someone. Envy is wanting someone else's life. It can literally eat you up!



THE SEVEN DEADLY SINS: ENVY

– Is there someone you feel has the life you deserve more?

- 1. THE EVIL OF ENVY Proverbs 27:4 → We need the ability to be happy for people who have what we badly want. Otherwise, we live in resentment. We need help to love without envy!
- 2. RESENTMENT → Jealousy can be more harmful than anger. In envy we don't just want other people's lives; we resent and begrudge them their lives. In praise you recognize people who are better than you and you rejoice in it. But in envy you recognize people who are better off and you burn with bitterness.
- 3. LOSS OF EMPATHY → Envy is being unhappy at other people's happiness. Envy weeps because of those who are rejoicing and rejoices if they are weeping (Romans 12:5). Jesus modeled empathy (Isaiah 63:9 "In all their distress he too was distressed."



THE SEVEN DEADLY SINS: ENVY

- The Gospel frees us to enjoy the life we have!

- 1. THE ANTIDOTE TO ENVY Proverbs 23:17-18, 24:19-20 → Envy stems from 2 preoccupations.
 - 1. OBSESSED → We are obsessed with what we deserve. Our hearts refuse to remember grace and instead think only of what we have earned.
 - **PREOCCUPPIED** → We are preoccupied with the present. The solution is to look up to the Lord (23:17) and look ahead in hope (23:18).
- 2. JESUS → Jesus was the most unenvious human being who ever lived. When you realize what he did for you, it will begin to erode your envy. He never complained when he received a life infinitely worse than he deserved.





ACTION: JOURNAL THIS!

- 1. What do you wish you had that someone else has?
- 2. What thing or relationship have you been obsessed or preoccupied by?
- 3. Have you experienced freedom from stuff since coming to Jesus?