

Lion Maker

A CALL TO PERSONAL GROWTH Maturity + Wholeness + Impact

Men's Round Table: Philip K. Hardin



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A Call to Personal Growth, Maturity, Wholeness & Impact

Colossians 1:28, 29 – The Message: "That is the substance of our Message. We preach Christ, warning people not to add to the Message. We teach in a spirit of profound common sense so that we can bring each person to maturity. To be mature is to be basic. Christ! No more, no less. That's what I'm working so hard at day after day, year after year, doing my best with the energy God so generously gives me."

II Timothy 2:1, 2 – The Message: So, my son, throw yourself into this work for Christ. Pass on what you heard from me—the whole congregation saying Amen! —to reliable leaders who are competent to teach others.

II Samuel 23:39 – "... thirty-seven in all."

LION MAKER – BE & GO! Luke 2:52 & Matthew 28:18-20

LION MAKER – BE A DISCIPLE

1. Physical Checklist:

- 1. Enough sleep.
- 2. Regular exercise.
- 3. Reduce sugar.
- 4. Eliminate unnecessary meds.
- 5. Healthy diet.

2. Emotional Checklist:

- 1. Stress reduction.
- 2. Practice forgiveness.
- 3. Daily focus on gratitude.
- 4. Learn therapeutic deep breathing.
- 5. Seek counseling for intrusive thoughts or emotions.

LION MAKER – BE A DISCIPLE

3. Social Checklist:

- 1. Finding emotionally safe friends.
- 2. Setting priorities for career.
- 3. Strengthening communication skills in family & workplace.
- 4. Developing a plan for responsible financial management.
- 5. Choosing involvement in community.

4. Spiritual Checklist:

- 1. Clarify your values.
- 2. Discover your purpose.
- 3. Evaluate your connection to God developing an intimate walk with God.
- 4. Set specific guidelines to help you grow.
- 5. Define the legacy you would like to leave.

LION MAKER – GO MAKE DISCIPLES

- 1. Engage in a process of walking with another man, not a program.
- 2. Participate in group and individual work, not just individual.
- 3. Serve another, not have power of others.
- 4. Develop hearts, not minds.
- 5. Trust God, not Gifts.

ACTION: Journal This!

- 1. What is your intentional and deliberate plan for growth?
- 2. Who is your WHO? Who are you praying for, committed to help, focused on as someone you want to see grow and mature?
- 3. How do you need HELP in your own growth?