



Restoration of our soul comes when we begin our relationship with God through His Son Jesus. Restoration of our heart and mind continues because of this secure attached relationship. So much Christian teaching tends to focus on right beliefs and right choices as the key to personal growth but biblical evidence and modern brain science show that our *character is shaped more by whom we love than what we believe*. The Book of Isaiah will help us see how the promise of salvation would come through the Messiah. But in addition to bringing pardon for sin, intimate relationship with Jesus renovates us wholly—mind, will, and emotion. This study is about showing how we can train our brains to relate to God based on a joyful, mutual connection with Jesus which will lead to emotional, relational, and spiritual maturity.

The Power of Relationship to Restore & Renovate Us

“You’ll use the old rubble of past lives to build anew, rebuild the foundations from out of your past. You’ll be known as those who can fix anything, restore old ruins, rebuild and renovate, make the community livable again.” – Isaiah 58:12 – The Message

Highland Colony Men’s Roundtable
www.MensTable.com

SEE WHAT GOD SEES – TRANSFORMATION OF OUR CHARACTER

A Man understands that our brains are wired to relate to God based on a joyful, mutual connection with Jesus which will lead to emotional, relational, and spiritual maturity.

April 14, 2022

Bible Verses: Isaiah 14:28-32, Isaiah 36:1-20, Isaiah 31:6,7 Music: Give Me Your Eyes - Brandon Heath https://www.youtube.com/watch?v=KYSJBb1iROU Video: Overview: Isaiah 1-39 https://www.youtube.com/watch?v=d0A6Uchb1F8 Still Face Experiment: Dr. Edward Tronick – YouTube https://www.youtube.com/watch?v=apzXGEbZht0	Resources: Renovated – God, Dallas Willard & the Church That Transforms by Jim Wilder Video: 19 SKILLS http://thrivetraining.org/Articles/19thriveskills.pdf Overview: Isaiah 40-66 https://www.youtube.com/watch?v=TzdEPuqgQg
--	---

ISAIAH: THE MASTERPIECE OF THE OLD TESTAMENT

- _____ → King Ahaz dies (Isaiah 14:28-32). Isaiah warns the people that his death must not be hailed as the end of their burdens. Even worse oppressors than Ahaz were yet to come.
- _____ → The reign of Hezekiah occupied one of the most important periods in all of Israel’s history (Isaiah 15-39). Hezekiah was a godly king. The Assyrian armies, like a dark storm cloud, were threatening the northern frontiers. Before Hezekiah had completed his sixth year, Samaria had fallen beneath this invader. This success only whetted the Assyrian appetite for further conquest. Eight years later Judah was invaded. The first invasion was by Sargon and the second by his son, Sennacherib. Assyrian history tells us this. The critical year in Hezekiah’s reign was the fourteenth (Isa. 36:1). It was then we have the Assyrian invasion, the king’s mortal sickness and his recovery, and the final withdrawal of Assyrians from the land. God wants us to recognize Him in all affairs, including national affairs (Isaiah 31:6).

RESTORED: THE PIECES OF THE TRANSFORMATION PUZZLE

- Intimate Walk with God** → Developing and fostering an intimate, interactive walk with God.
- Community** → Being a part of a multi-generational community. Not in age but in the level of maturity.
“In Spiritual formation we are aiming at a character and life that is so shaped that the deeds of Christ routinely and easily come from what is inside.” - Dallas Willard
- Brain Skills** → Learning relational-brain skills with other people. There are 19 skills defined.

1. Share Joy. 2. Soothe Myself – Simple Quiet. 3. Form Bonds of 2 – Synchronize Attachments. 4. Create Appreciation. 5. Form Family Bonds – Bonds for 3. 6. Identify Heart Values from Suffering – The Main Pain and Characteristics of Hearts. 7. Tell Synchronized Stories – 4+ Storytelling. 8. Identify Maturity Levels. 9. Take a Breather – Timing When to Disengage. 10. Tell Nonverbal Skills.	11. Return to Joy from the Big 6 Feelings. 12. Act Like Myself in the Big 6 Feelings. 13. See What God Sees – Heartsight. 14. Stop the Sark. 15. Quiet Interactively 16. Recognize High & Low Energy Response Styles – Sympathetic and Parasympathetic. 17. Identify Attachment Styles. 18. Intervene Where the Brain is Stuck – 5 Distinctive Levels of Brain Disharmony and Pain. 19. Recover from Complex Emotions – Handle Combinations of the Big 6 Emotions.
---	--

RESTORED: THE PIECES OF THE TRANSFORMATION PUZZLE

- _____ → This is the skill in which we learn to live in our body and connect to our face and voice.
- _____ → To be your Real Self requires that you can face and handle the 6 Big Feelings – Fear, Anger, Sadness, Disgust, Shame, and Hopeless Despair. When we find our design in whatever relationship or circumstance that confronts us, it is life-giving. Whether we are upset or joyful, we know how to go through the process. We face relationships and circumstances by facing and engaging our emotional world. Part of maintaining our relationships when we are upset is learning to act like the same person we were when we had joy to be together. A lack of training or bad examples causes us to damage or withdraw from the relationships we value when we get angry, afraid, sad, disgusted, ashamed or hopeless.
- _____ → Seeing people and events from God’s perspective yields a life filled with hope and direction. Hope and direction come from seeing situations, ourselves and others the way they were meant to be instead of only seeing what went wrong. This spiritual vision guides our training and restoration. Even forgiveness flows from seeing people’s purpose as more important than their malfunctions and makes us a restorative community instead of an accusing one. Through our hearts we see the spiritual vision God sees.

ACTION: Journal This

1. How does your family interpret your non-verbal behavior?
2. How do you handle the 6 Big Emotions – Fear, Anger, Sadness, Disgust, Shame, and Hopeless Despair?
3. What do you think it means to be enlightened by “the eyes of your heart?”

“Give Me Your Eyes” by Brandon Heath

<p>Looked down from a broken sky Traced out by the city lights My world from a mile high Best seat in the house tonight Touched down on the cold black top Hold on for the sudden stop Breathe in the familiar shock Of confusion and chaos All those people goin' somewhere Why have I never cared? Give me Your eyes for just one second Give me Your eyes so I can see Everything that I keep missing Give me Your love for humanity Give me Your arms for the broken-hearted The ones that are far beyond my reach Give me Your heart for the ones forgotten Give me Your eyes so I can see Step out on a busy street See a girl and our eyes meet Does her best to smile at me To hide what's underneath</p>	<p>There's a man just to her right Black suit and a bright red tie Too ashamed to tell his wife He's out of work, he's buyin' time All those people goin' somewhere Why have I never cared? Give me Your eyes for just one second Give me Your eyes so I can see Everything that I keep missing Give me Your love for humanity Give me Your arms for the broken-hearted The ones that are far beyond my reach Give me Your heart for the ones forgotten Give me Your eyes so I can see I've been there a million times A couple of million eyes Just move and pass me by I swear I never thought that I was wrong Well, I want a second glance So, give me a second chance To see the way You've seen the people all along</p>	<p>Give me Your eyes for just one second Give me Your eyes so I can see Everything that I keep missing Give me Your love for humanity Give me Your arms for the broken-hearted The ones that are far beyond my reach Give me Your heart for the ones forgotten Give me Your eyes so I can see Give me Your Eyes (Give me Your eyes for just one second) Lord, give me Your eyes (Give me Your eyes so I can see) Everything (Everything that I keep missing) That I keep missing Give me Your heart (Give me Your arms for the broken-hearted) For the broken hearted (The ones that are far beyond my reach) Give me Your heart (Give me Your heart for the ones forgotten) Lord, give me Your eyes (Give me Your eyes so I can see)</p>
---	--	---

Bible Verses – The Message

Isaiah 14:28-32 - 28 In the year King Ahaz died, this Message came: **29** Hold it, Philistines! It's too soon to celebrate the defeat of your cruel oppressor. From the death throes of that snake a worse snake will come, and from that, one even worse. **30** The poor won't have to worry. The needy will escape the terror. But you Philistines will be plunged into famine, and those who don't starve, God will kill. **31** Wail and howl, proud city! Fall prostrate in fear, Philistia! On the northern horizon, smoke from burned cities, the wake of a brutal, disciplined destroyer. **32** What does one say to outsiders who ask questions? Tell them, "God has established Zion. Those in need and in trouble find refuge in her."

Isaiah 36:1-20 - 1 In the fourteenth year of King Hezekiah, Sennacherib king of Assyria made war on all the fortress cities of Judah and took them. **2** Then the king of Assyria sent his general, the "Rabshekah," accompanied by a huge army, from Lachish to Jerusalem to King Hezekiah. The general stopped at the aqueduct where it empties into the upper pool on the road to the public laundry. **3** Three men went out to meet him: Eliakim son of Hilkiah, in charge of the palace; Shebna the secretary; and Joah son of Asaph, the official historian. **4** The Rabshekah said to them, "Tell Hezekiah that the Great King, the king of Assyria, says this: 'What kind of backing do you think you have against me?' **5** You're bluffing and I'm calling your bluff. Your words are no match for my weapons. What kind of backup do you have now that you've rebelled against me? **6** Egypt? Don't make me laugh. Egypt is a rubber crutch. Lean on Egypt and you'll end up flat on your face. That's all Pharaoh king of Egypt is to anyone who leans on him. **7** And if you try to tell me, 'We're leaning on our God,' isn't it a bit late? Hasn't Hezekiah just gotten rid of all the places of worship, telling you, 'You've got to worship at this altar'?" **8** "Be reasonable. Face the facts: My master the king of Assyria will give you two thousand horses if you can put riders on them. **9** You can't do it, can you? So how do you think, depending on flimsy Egypt's chariots and riders, you can

stand up against even the lowest-ranking captain in my master's army?" **10** "And besides, do you think I came all this way to destroy this land without first getting God's blessing? It was your God who told me, 'Make war on this land. Destroy it.'" **11** Eliakim, Shebna, and Joah answered the Rabshekah, "Please talk to us in Aramaic. We understand Aramaic. Don't talk to us in Hebrew within earshot of all the people gathered around." **12** But the Rabshekah replied, "Do you think my master has sent me to give this message to your master and you but not also to the people clustered here? It's their fate that's at stake. They're the ones who are going to end up eating their own excrement and drinking their own urine." **13** Then the Rabshekah stood up and called out loudly in Hebrew, the common language, "Listen to the message of the great king, the king of Assyria! **14** Don't listen to Hezekiah's lies. He can't save you. **15** And don't pay any attention to Hezekiah's pious sermons telling you to lean on God, telling you 'God will save us, depend on it. God won't let this city fall to the king of Assyria.' **16** Don't listen to Hezekiah. Listen to the king of Assyria's offer: 'Make peace with me. Come and join me. Everyone will end up with a good life, with plenty of land and water, **17** and eventually something far better. I'll turn you loose in wide open spaces, with more than enough fertile and productive land for everyone.' **18** Don't let Hezekiah mislead you with his lies, 'God will save us.' Has that ever happened? Has any god in history ever gotten the best of the king of Assyria? **19** Look around you. Where are the gods of Hamath and Arpad? The gods of Sepharvaim? Did the gods do anything for Samaria? **20** Name one god that has ever saved its countries from me. So what makes you think that God could save Jerusalem from me?"

Isaiah 31:6,7 - 6 Repent, return, dear Israel, to the One you so cruelly abandoned. **7** On the day you return, you'll throw away - every last one of you - the no-gods your sinful hands made from metal and wood.

Philip K. Hardin, M.A., M.Div.

Director of Business & Professional Outreach, Intl. - Licensed Marriage & Family Therapist, Licensed Professional Counselor, and Certified Life Coach

563 Johnson Avenue – Fairhope, Alabama 36532

Phone: 601-925-0707

Email: phil@bpintl.org

Webpage: www.bpintl.org