



Joshua – Take the Land – Be the Man

The Book of Joshua is the book of conquest. The battlefield is Canaan, and it is where God keeps His promise that He made with Abraham. In this study, we will use the land possessed by Joshua and the People of Israel as a metaphor to understand how we take possession of what it means to be a Christian man. We will exam 10 issues that men face every day. Every day is a battle to be fought. You must fight! Will you?

A Man will fight for what God promised.

Highland Colony Men's Roundtable
www.MensTable.com

#4 Marriage: Healing Emotional Wounds
 Joshua 1:6-9; 24:15

April 15, 2021

Bible Verses: Joshua 1:1-18; Joshua 24:15; Joshua 5:1-15

Videos: Antwone Fisher - Movie CLIP - Antwone Meets His Mother

<https://www.youtube.com/watch?v=LW8CpOzdT5Q>

Music: Johnny Cash - Hurt

<https://www.youtube.com/watch?v=8AHCfZTRGIl>

Resources: *Joshua and the Flow of Biblical History* by Francis A. Schaeffer.

The Christian Man – A Conversation About the 10 Issues Men Say Matter Most by Patrick Morley.

JOSHUA – THE COMMANDER OF THE LORD'S ARMY! – Joshua 5:1-15.

1. _____ → Joshua recognized that this individual was no ordinary individual, that He could be either a powerful ally or strong enemy. This commander revealed that He was on Joshua's side—or more appropriately, that Joshua should be on His side. If we are on God's side, the victory is ours.
2. _____ → The Man, unfamiliar to Joshua, is clearly a formidable warrior. Joshua is anxious to know whether this is the kind of foe the Israelites will encounter in Jericho, so he asks, " 'Are you for us or for our adversaries?' " The Man's answer is a perplexing " 'No.' " Thankfully, He adds, " 'but as Commander of the army of the Lord I have now come.' " This is the leader of the army of God, and He is saying, "I'm your commander." It's not a question of whether He is with Israel; the question is whether Israel is with Him.
3. _____ → We are to be courageous for godliness and that such courage comes as we place ourselves on the Lord's "side" against evil. We can do that by faith as we study His Word and ask for His help though His provision of community so that we would love what He loves and hate what He hates.

The Land—Manhood: Marriage – Healing Emotional Wounds.

1. _____ → The invisible wounds that we all carry are emotional ones. We may feel that because these hurts are not physical, they are somehow less real. Because of this we may feel guilt over the continuing effects of the hurts. And in the event that we don't naturally respond with guilt, there will always be plenty of other people who help us feel guilty by telling us that we should be over the past hurts by now, that it is time to forget the past and to get on with life.
2. _____ → Everyone receives hurts that we do not deserve. Each stage of life has its own unique emotional land mines and most of us stumble onto a number of these during the course of our lives. The unseen pain of emotional hurts is real. Identifying how you have been hurt can lead to the freedom you long for in order to be all God designed you to be.
 1. **Prenatal Emotional Wounds:** hurts that occur even before birth.
 2. **Childhood Emotional Wounds:** Hurts and wounds that have been experienced in childhood, such as, sexual abuse, divorce, death of a significant other, ridicule, or rejection.
 3. **Adolescent Emotional Wounds:** The most significant hurt for teens is breakup of romantic relationships, the insensitivity of a friend, or parents failing to validate their hurt.
 4. **Adult Emotional Wounds:** The core of the hurts in adulthood is the perceived violation of trust.

The Land—Manhood: Marriage – Healing Emotional Pain.

1. _____ → Always experienced as the loss of something valuable. We feel ourselves to be alone, depleted, violated, damaged, or in some way less competent or capable of facing life. This sense of loss is usually accompanied by a feeling of sadness and vulnerability. This is the core of the pain we describe as hurt. Vulnerability is usually covered over by anger very quickly.
2. Process of Healing:
 1. _____ → Reexperience or reconnect with the pain by telling the story.
 2. _____ → Reinterpreting the hurt by understanding the story. Make sense of the hurt.
 3. _____ → Release the anger. Let go of the anger through forgiveness.

ACTION: Journal This!

1. What is your greatest emotional hurt?
2. What is your wife's greatest emotional hurt?
3. How are you an emotional agent of healing?

Bible Verses – The Message

Joshua 1:1-18 - 1 After the death of Moses the servant of God, God spoke to Joshua, Moses' assistant: 2 "Moses my servant is dead. Get going. Cross this Jordan River, you and all the people. Cross to the country I'm giving to the People of Israel. 3 I'm giving you every square inch of the land you set your foot on - just as I promised Moses. 4 From the wilderness and this Lebanon east to the Great River, the Euphrates River - all the Hittite country - and then west to the Great Sea. It's all yours. 5 All your life, no one will be able to hold out against you. In the same way I was with Moses, I'll be with you. I won't give up on you; I won't leave you. 6 Strength! Courage! You are going to lead this people to inherit the land that I promised to give their ancestors. 7 Give it everything you have, heart and soul. Make sure you carry out The Revelation that Moses commanded you, every bit of it. Don't get off track, either left or right, so as to make sure you get to where you're going. 8 And don't for a minute let this Book of The Revelation be out of mind. Ponder and meditate on it day and night, making sure you practice everything written in it. Then you'll get where you're going; then you'll succeed. 9 Haven't I commanded you? Strength! Courage! Don't be timid; don't get discouraged. God, your God, is with you every step you take." The Taking of the Land 10 Then Joshua gave orders to the people's leaders: 11 "Go through the camp and give this order to the people: 'Pack your bags. In three days you will cross this Jordan River to enter and take the land God, your God, is giving you to possess.'" 12 Then Joshua addressed the Reubenites, the Gadites, and the half-tribe of Manasseh. He said, 13 "Remember what Moses the servant of God commanded you: God, your God, gives you rest and he gives you this land. 14 Your wives, your children, and your livestock can stay here east of the Jordan, the country Moses gave you; but you, tough soldiers all, must cross the River in battle formation, leading your brothers, helping them 15 until God, your God, gives your brothers a place of rest just as he has done for you. They also will take possession of the land that God, your God, is giving them. Then you will be free to return to your possession, given to you by Moses the servant of God, across the Jordan to the east." 16 They answered Joshua: "Everything you commanded us, we'll do. Wherever you send us, we'll go. 17 We obeyed Moses to the letter; we'll also obey you - we just pray that God, your God, will be with you as he was with Moses. 18 Anyone who questions what you say and refuses to obey whatever you command him will be put to death. Strength! Courage!"

Joshua 24:15 - 15 "If you decide that it's a bad thing to worship God, then choose a god you'd rather serve - and do it today. Choose one of the gods your ancestors worshiped from the country beyond The River, or one of the gods of the Amorites, on whose land you're now living. As for me and my family, we'll worship God."

Joshua 5:1-15 - 1 When all the Amorite kings west of the Jordan and the Canaanite kings along the seacoast heard how God had stopped the Jordan River before the People of Israel until they had crossed over, their hearts sank; the courage drained out of them just thinking about the People of Israel. 2 At that time God said to Joshua, "Make stone knives and circumcise the People of Israel a second time." 3 So Joshua made stone knives and circumcised the People of Israel at Foreskins Hill. 4 This is why Joshua conducted the circumcision. All the males who had left Egypt, the soldiers, had died in the wilderness on the journey out of Egypt. 5 All the people who had come out of Egypt, of course, had been circumcised, but all those born in the wilderness along the way since leaving Egypt had not been. 6 The fact is that the People of Israel had walked through that wilderness for forty years until the entire nation died out, all the men of military age who had come out of Egypt but had disobeyed the call of God. God vowed that these would never lay eyes on the land God had solemnly promised their ancestors to give us, a land flowing with milk and honey. 7 But their children had replaced them. These are the ones Joshua circumcised. They had never been circumcised; no one had circumcised them along the way. 8 When they had completed the circumcising of the whole nation, they stayed where they were in camp until they were healed. 9 God said to Joshua, "Today I have rolled away the reproach of Egypt." That's why the place is called The Gilgal. It's still called that. 10 The People of Israel continued to camp at The Gilgal. They celebrated the Passover on the evening of the fourteenth day of the month on the plains of Jericho. 11 Right away, the day after the Passover, they started eating the produce of that country, unraised bread and roasted grain. 12 And then no more manna; the manna stopped. As soon as they started eating food grown in the land, there was no more manna for the People of Israel. That year they ate from the crops of Canaan. 13 And then this, while Joshua was there near Jericho: He looked up and saw right in front of him a man standing, holding his drawn sword. Joshua stepped up to him and said, "Whose side are you on - ours or our enemies'?" 14 He said, "Neither. I'm commander of God's army. I've just arrived." Joshua fell, face to the ground, and worshiped. He asked, "What orders does my Master have for his servant?" 15 God's army commander ordered Joshua, "Take your sandals off your feet. The place you are standing is holy." Joshua did it.

"Hurt" By Johnny Cash

<p>I hurt myself today To see if I still feel I focus on the pain The only thing that's real The needle tears a hole The old familiar sting Try to kill it all away But I remember everything</p> <p>What have I become My sweetest friend Everyone I know goes away In the end</p>	<p>And you could have it all My empire of dirt I will let you down I will make you hurt</p> <p>I wear this crown of thorns Upon my liar's chair Full of broken thoughts I cannot repair Beneath the stains of time The feelings disappear You are someone else I am still right here</p>	<p>What have I become My sweetest friend Everyone I know goes away In the end And you could have it all My empire of dirt I will let you down I will make you hurt</p> <p>If I could start again A million miles away I would keep myself I would find a way</p>
---	--	--

Philip K. Hardin, M.A., M.Div.

Director of Business & Professional Outreach, Intl. - Licensed Marriage & Family Therapist, Licensed Professional Counselor, and Certified Life Coach
563 Johnson Avenue – Fairhope, Alabama 36532
Phone: 601-925-0707

Email: phil@bpointl.org

Webpage: www.bpointl.org