



## MAN & WOMAN WITH NO SHAME

### GOD – SEX – ROCK & ROLL

In order to be a Godly Man, you need to know how you were made and how you can't do that without talking about sexuality. And that thought will inevitably lead you to "who made you?" Therefore, the journey of knowing yourself as a man leads to talking about God and Sex. They are connected – they can't be separated. This study will not be so much a moral journey as it will be about connection--the connection you have with God and each other, and how that connection can suffer damage when you have little understanding about the divine nature of your body and the true power of sexuality. This series will challenge you to connect with God and your own sexuality in a journey toward wholeness. You will be challenged to ask hard questions about God, Sex, and Yourself! You'll need some good music for such a journey – some good Rock & Roll. Turn on the music and let's Rock.

#### A Man understands that he is meant to live with no shame!

Highland Colony Men's Roundtable  
[www.MensTable.com](http://www.MensTable.com)

God's Perspective on Human Sexuality

June 21, 2018

**Bible Verses:** I Corinthians 6:9-20; Genesis 2:25; Ecclesiastes 3:21; I Timothy 4:1-5

**Music:** Melissa – Feat. Jackson Browne and Gregg Allman  
<https://youtu.be/J0GiRG12dIU>

**Resources:** The Meaning of Marriage by Timothy Keller.

**Video:** The Tango - Scent of a Woman (4/8) Movie CLIP (1992)  
[https://www.youtube.com/watch?v=F2zTd\\_YwTvo](https://www.youtube.com/watch?v=F2zTd_YwTvo)

#### FULLY HUMAN

1. \_\_\_\_\_ > Scenes of partying and having a good time and hooking up with someone, all raises the questions about what it means to be fully human. The temptation is to ignore your conscience or sense of Higher Purpose, sacrificing what it means to be human. Which leads a person to act much like ... an animal.
2. \_\_\_\_\_ > In the ancient Greek world, people used a phrase to describe what it means to be human. "Food for the stomach and the stomach for food." See I Cor. 6:13. The problem is that this view is rooted in a low view of human nature. We are just a collection of physical needs. This view teaches that people cannot transcend the physical dimensions of their existence. It views people much like animals. Give in and let your cravings rule us.
3. \_\_\_\_\_ > Deny the physical and the failure to acknowledge that our sexuality is central to what makes us human. We try to deny and stuff and repress, but that never works because it fails to acknowledge what is central to being a human being. Turn your sexuality off and pretend to be angel.
4. \_\_\_\_\_ > We have a spiritual dimension that is more than animals or angels. We have a consciousness, a transcendence. We are created in God's image. When we deny the spiritual dimension to our existence, we end up living like animals (Eccl. 3:21). And when we deny the physical, sexual dimension to our existence, we end up living like angels. There are two extremes, denying our sexuality or being driven by it, and then there's the vast space in between. God made us human (I Timothy 4:1-5).

#### LIVING WITH THE TENSION

1. \_\_\_\_\_ > The impulse in our world when faced tension is to come up with the seven steps of the formula so that if you do things in the right order the tension will go away. But that doesn't always work. One of the marks of someone who has experienced significant growth in their soul is their ability to live in the midst of tension.
2. \_\_\_\_\_ > Whatever you struggle with, whatever you have questions about, you are not alone. It doesn't matter how dark it is or how much shame or weakness or regret it involves, you are not alone.
3. \_\_\_\_\_ > Some of the most comforting words in the universe! Your struggle is someone else's struggle. Others have been down the same road. The truth is, we're crammed full of sexual energy. It's how we're made. We have cravings and desires and urges and temptations that can easily consume us and make us feel helpless in their presence. We have to talk about what we do with the forces that rage within us. We have to get it out or we will begin to die on the inside.
4. \_\_\_\_\_ > Each thing God creates and sets in motion is a step, a progression away from the chaos and disorder toward order and harmony. Either we're acting in ways that move us away from the chaos or we're contributing to the chaos and lack of order.

#### SEX IS FOR MARRIAGE

1. \_\_\_\_\_ > Fasting from sex until marriage helps to ensure you are a healthy person.
2. \_\_\_\_\_ > Sex has a moral dimension to it, but it is equally an issue of wisdom. Sexual sin may sound "old fashioned" but what it really means is any kind of sexual expression which goes against God's goodness for us, therefore causing profound harm and relational breakdown. Sin always goes against God's best. It will leech the life and joy right out of us.
3. \_\_\_\_\_ > Sex had the power to be either the most destructive or most joyful thing in the world.
4. \_\_\_\_\_ > God loves you and cares for you in this area, regardless of how the parents, church, or the culture may have fumbled this message. The heart of God is for you!

#### SEX on GOD'S PLAYING FIELD

1. \_\_\_\_\_ > Don't be pressured into sex that you don't want. Set boundaries and protect your value.
2. \_\_\_\_\_ > Enforce your right to be respected. See your value.
3. \_\_\_\_\_ > Be willing to remove yourself from any situation, even permanently, and to alert others in authority, if needed, in order to protect yourself.
4. \_\_\_\_\_ > By God's grace, you can grow and operate on God's playing field. It is a struggle.

**ACTION: Journal this!**

1. How does your view make you feel good about yourself? Where is shame?
2. Who knows your sexual history?
3. If your mental and emotional health was 100% dependent on your sex history, how healthy would you be?

**Bible Verses – The Message**

**I Corinthians 6:9-20** - <sup>12</sup> Just because something is technically legal doesn't mean that it's spiritually appropriate. If I went around doing whatever I thought I could get by with, I'd be a slave to my whims. <sup>13</sup> You know the old saying, "First you eat to live, and then you live to eat"? Well, it may be true that the body is only a temporary thing, but that's no excuse for stuffing your body with food, or indulging it with sex. Since the Master honors you with a body, honor him with your body! <sup>14</sup> God honored the Master's body by raising it from the grave. He'll treat yours with the same resurrection power. <sup>15</sup> Until that time, remember that your bodies are created with the same dignity as the Master's body. You wouldn't take the Master's body off to a whorehouse, would you? I should hope not. <sup>16</sup> There's more to sex than mere skin on skin. Sex is as much spiritual mystery as physical fact. As written in Scripture, "The two become one." <sup>17</sup> Since we want to become spiritually one with the Master, we must not pursue the kind of sex that avoids commitment and intimacy, leaving us more lonely than ever - the kind of sex that can never "become one." <sup>18</sup> There is a sense in which sexual sins are different from all others. In sexual sin we violate the sacredness of our own bodies, these bodies that were made for God-given and God-modeled love, for "becoming one" with another. <sup>19</sup> Or didn't you realize that your

body is a sacred place, the place of the Holy Spirit? Don't you see that you can't live however you please, squandering what God paid such a high price for? The physical part of you is not some piece of property belonging to the spiritual part of you. <sup>20</sup> God owns the whole works. So let people see God in and through your body.

**Genesis 2:25** - <sup>25</sup> The two of them, the Man and his Wife, were naked, but they felt no shame.

**Ecclesiastes 3:21** - <sup>21</sup> Nobody knows for sure that the human spirit rises to heaven or that the animal spirit sinks into the earth.

**I Timothy 4:1-5** - <sup>1</sup> The Spirit makes it clear that as time goes on, some are going to give up on the faith and chase after demonic illusions put forth by professional liars. <sup>2</sup> These liars have lied so well and for so long that they've lost their capacity for truth. <sup>3</sup> They will tell you not to get married. They'll tell you not to eat this or that food - perfectly good food God created to be eaten heartily and with thanksgiving by Christians! <sup>4</sup> Everything God created is good, and to be received with thanks. Nothing is to be sneered at and thrown out. <sup>5</sup> God's Word and our prayers make every item in creation holy.

**"Melissa"****The Allman Brothers Band**

Crossroads, seem to come and go, yeah.  
The gypsy flies from coast to coast

Knowing many, loving none,  
Bearing sorrow havin' fun,  
But back home he'll always run  
To sweet Melissa... mmm...

Freight train, each car looks the same, all the same.  
And no one knows the Gypsy's name

No one hears his lonely sighs,  
There are no blankets where he lies.  
In all his deepest dreams the Gypsy flies  
with sweet Melissa... mmm...

Again the morning's come,  
Again he's on the run,  
Sunbeams shining through his hair,  
Appearing not to have a care.  
Well, pick up your gear and Gypsy roll on, roll on.

Crossroads, will you ever let him go? (Lord, Lord)  
Will you hide the dead man's ghost,  
Or will he lie, beneath the clay,  
or will his spirit float away?

But I know that he won't stay without Melissa.

Yes I know that he won't stay without Melissa.

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LOVE

GOD, SEX,

ROCK & ROLL

LOVE



# **GOD – SEX – ROCK & ROLL**

**IN ORDER TO BE A GODLY MAN, YOU NEED TO KNOW HOW YOU WERE MADE AND HOW YOU CAN'T DO THAT WITHOUT TALKING ABOUT SEXUALITY. AND THAT THOUGHT WILL INEVITABLY LEAD YOU TO "WHO MADE YOU?" THEREFORE, THE JOURNEY OF KNOWING YOURSELF AS A MAN LEADS TO TALKING ABOUT GOD AND SEX. THEY ARE CONNECTED – THEY CAN'T BE SEPARATED. THIS STUDY WILL NOT BE SO MUCH A MORAL JOURNEY AS IT WILL BE ABOUT CONNECTION--THE CONNECTION YOU HAVE WITH GOD AND EACH OTHER, AND HOW THAT CONNECTION CAN SUFFER DAMAGE WHEN YOU HAVE LITTLE UNDERSTANDING ABOUT THE DIVINE NATURE OF YOUR BODY AND THE TRUE POWER OF SEXUALITY. THIS SERIES WILL CHALLENGE YOU TO CONNECT WITH GOD AND YOUR OWN SEXUALITY IN A JOURNEY TOWARD WHOLENESS. YOU WILL BE CHALLENGED TO ASK HARD QUESTIONS ABOUT GOD, SEX, AND YOURSELF! YOU'LL NEED SOME GOOD MUSIC FOR SUCH A JOURNEY – SOME GOOD ROCK & ROLL. TURN ON THE MUSIC AND LET'S ROCK.**

## **MAN & WOMAN WITH NO SHAME**

*GENESIS 1:25; 1 CORINTHIANS 6:9-20*



# FULLY HUMAN

1. **Ignore Your Conscience** > Scenes of partying and having a good time and hooking up with someone, all raises the questions about what it means to be fully human. The temptation is to ignore your conscience or sense of Higher Purpose, sacrificing what it means to be human. Which leads a person to act much like ... an animal.
2. **Animals** > In the ancient Greek world, people used a phrase to describe what it means to be human. "Food for the stomach and the stomach for food." See I Cor. 6:13. The problem is that this view is rooted in a low view of human nature. We are just a collection of physical needs. This view teaches that people cannot transcend the physical dimensions of their existence. It views people much like animals. Give in and let your cravings rule us.
3. **Angels** > Deny the physical and the failure to acknowledge that our sexuality is central to what makes us human. We try to deny and stuff and repress, but that never works because it fails to acknowledge what is central to being a human being. Turn your sexuality off and pretend to be angel.
4. **Awareness of More** > We have a spiritual dimension that is more than animals or angels. We have a consciousness, a transcendence. We are created in God's image. When we deny the spiritual dimension to our existence, we end up living like animals (Eccl. 3:21). And when we deny the physical, sexual dimension to our existence, we end up living like angels. There are two extremes, denying our sexuality or being driven by it, and then there's the vast space in between. God made us human (I Timothy 4:1-5).





# LIVING WITH THE TENSION

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2. **You are Not Alone** > Whatever you struggle with, whatever you have questions about, you are not alone. It doesn't matter how dark it is or how much shame or weakness or regret it involves, you are not alone.
3. **"Me Too!"** > Some of the most comforting words in the universe! Your struggle is someone else's struggle. Others have been down the same road. The truth is, we're crammed full of sexual energy. It's how we're made. We have cravings and desires and urges and temptations that can easily consume us and make us feel helpless in their presence. We have to talk about what we do with the forces that rage within us. We have to get it out or we will begin to die on the inside.
4. **Order or Chaos** > Each thing God creates and sets in motion is a step, a progression away from the chaos and disorder toward order and harmony. Either we're acting in ways that move us away from the chaos or we're contributing to the chaos and lack of order.



# SEX IS FOR MARRIAGE

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2. **Wisdom** > Sex has a moral dimension to it, but it is equally an issue of wisdom. Sexual sin may sound “old fashioned” but what it really means is any kind of sexual expression which goes against God’s goodness for us, therefore causing profound harm and relational breakdown. Sin always goes against God’s best. It will leech the life and joy right out of us.
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4. **For YOU!** > God loves you and cares for you in this area, regardless of how the parents, church, or the culture may have fumbled this message. The heart of God is for you!





# SEX on GOD'S PLAYING FIELD

1. **Safe Boundaries** > Don't be pressured into sex that you don't want. Set boundaries and protect your value.
2. **Dignity** > Enforce your right to be respected. See your value.
3. **Run** > Be willing to remove yourself from any situation, even permanently, and to alert others in authority, if needed, in order to protect yourself.
4. **Struggle is Real** > By God's grace, you can grow and operate on God's playing field. It is a struggle.





# **ACTION: JOURNAL THIS!**

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