## QUESTIONS TO ASK YOUR SON OR DAUGHTER

Ask your Son or Daughter the following questions:

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1.	What is it like having me as your Father or Mother?
2.	What is the deepest hurt of frustration you experience living with med
3.	How do you try to protect yourself from me?
4.	What do you need from me that I fail to give you?
5.	What do you truly desire in our relationship?